## Osteoporosis

### Clinical Presentation/syndrome

- Eligibility: Osteoporosis
- Priority and how to access services: Routine. In many cases can be managed at primary care level.
- Differential Diagnoses: Osteoporosis
- Information required with referral:
  - Associated fractures including date (vertebral, hip, peripheral)
  - Medications eg steroids use, proton pump inhibitors, aromatase inhibitors, Vitamin D, calcium, osteoporosis treatments e.g. bisphosphonate use and response to treatment.
- Investigations required with referral:
  - MBA 20, PTH, 25 OH VIT D, fasting cross-laps
  - Bone Density measurement
- Pre-Referral management strategies (information required with referral):
  - Complete investigations as above.
  - Treat low Vitamin D if detected.
- Discharge Criteria/information: Discharge once treatment plan instituted.
- Fact sheets

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**For more information**

**Endocrine Services:**
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