

Diabetes

Outpatient service information, triage and referral guidelines

Description of service:

The objective of patients visiting the diabetes outpatients is for the assessment and opinion/advice regarding key clinical issues.

Services provided:

- > Outpatient clinic consultations for diagnosis and management
- > Inpatient consultations
- > Inpatient admissions
- > Diabetes education service

Exclusions:

- > Paediatrics

For admission or *URGENT* advice contact the Endocrine Registrar or the on call medical registrar if after hours via switchboard on:

Royal Adelaide Hospital (RAH) Ph: (08) 7074 0000
 The Queen Elizabeth Hospital (TQEH) Ph: (08) 8222 6000

Alternatively, if the problem is urgent and the patient is unstable, the patient should be sent directly to the Emergency Department of the nearest hospital for assessment.

For more information or to make a referral contact

Royal Adelaide Hospital (RAH) Fax: (08) 7074 6247 Ph: 1300 153 853
 The Queen Elizabeth Hospital (TQEH) Fax: (08) 8222 7244 Ph: 8222 7020 / 8222 7030

Essential Referral Content

Demographic

- > Date of birth
- > Contact details (including mobile phone)
- > Referring GP details
- > Interpreter requirements
- > Medicare number

Clinical

- > Reason for referral
- > Duration of symptoms
- > Relevant pathology and imaging reports
- > Past medical history
- > Current medications

Adult Triage Criteria for referral			
Emergency	Category 1	Category 2	Category 3
All urgent cases must be discussed with the on call registrar.	Target within 4 weeks	Target within 3 months	Target 6-12 months
<ul style="list-style-type: none"> > Diabetic Ketoacidosis > Newly diagnosed type 1 diabetes > Hyperglycaemic hyperosmolar coma 	<ul style="list-style-type: none"> > Type 1 with suboptimal blood glucose control > Major of problematic episode(s) of hypoglycaemia > Transplant patients with suboptimal blood glucose control > High risk pre-operative patients (internal referral) > Cystic fibrosis related diabetes with suboptimal blood glucose control > Type 1 and type 2 patients who are pregnant > Infected foot ulcer* > Acute charcot joint* > Cancer patients on steroids <p>*these clinics are held by diabetes centre at the RAH and vascular outpatients at TQEH</p>	<ul style="list-style-type: none"> > Cardiac protocol (STEMI) review > Major problematic episode(s) of hypoglycaemia > Poorly controlled type 2 diabetes with recent deterioration despite insulin therapy (typically HbA1c > 10%) > Non-infected foot ulcer in the patient with diabetes* <p>*these clinics are held by diabetes centre at the RAH and vascular outpatients at TQEH</p>	<ul style="list-style-type: none"> > Diabetes associated with recent diagnosis of significant micro or macro-vascular complications. > Diabetes associated with uncontrolled risk factors of CVD > Type 2 with HbA1c >9% on maximal oral therapy and/or symptoms of hyperglycaemia <p>Do not usually need to see a specialist and should be managed by their GP using allied health and diabetes education services utilising a care plan</p> <ul style="list-style-type: none"> > Stable type 2 diabetes > Newly diagnosed type 2 diabetes > Dietary advice for weight reduction, high cholesterol, hypertension or CVD in diabetic patients

General information to assist with referrals and the referral templates for the RAH & TQEH are available to download from the CALHN Outpatient Services [website](#)

For more information or to make a referral

Royal Adelaide Hospital: Diabetes Centre, Level 3 & 5
 Referral Fax Number: (08) 7074 6247
 Phone Number: 1300 153 853

The Queen Elizabeth Hospital: Outpatients area 2
 Referral Fax Number: (08) 8222 7244
 Phone Number: (08) 8222 7010

Web: www.sahealth.gov.au

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 Diabetes Service

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Draft V0.1	20191302	20201302	

