Recommendations from previous years made by the Subcommittees of the Maternal and Perinatal Mortality Committee are listed below, along with the link to the relevant Perinatal Practice Guideline, Standard or policy.

Maternal Subcommittee

Antenatal:
Clinicians are reminded that tachypnoea may be an important indicator of a deteriorating patient (2012).
SA Rapid Detection and Response Chart
SA Health Safety & Quality Unit Rapid Detection and Response Information

Pregnant women travelling in motor vehicles need to wear seat belts at all times for safety (1991). The South Australian Department of Transport, Energy and Infrastructure recommends that the lap part of the seat belt should be worn as low as possible, below the unborn child. It should be over the upper thighs and across the pelvis. The sash part of the seat belt passes above the stomach and between the breasts. The seat belt should be worn at all times when the vehicle is in motion (updated 2001).
Child and Youth Health: Car safety restraints

In cases of pulseless maternal collapse at 20 or more weeks gestation, consideration should be given to early emptying of the pregnant uterus by caesarean section to facilitate resuscitation, in accordance with the International Liaison Committee on Resuscitation (ILCOR) 2011 guidelines for resuscitation of the pregnant woman (2011)\textsuperscript{1}.
SA Perinatal Practice Guideline - Maternal Collapse

Pregnant women with current or previous serious medical conditions should be reviewed by a physician early in the pregnancy (2003).
SA Perinatal Practice Guideline - Normal Pregnancy, Labour and Puerperium
SA Perinatal Practice Guideline - GP Obstetric Shared Care Protocols

Clinicians are reminded that asthma is a serious condition, which is potentially fatal (2015).
SA Perinatal Practice Guideline - Asthma in pregnancy

Labour and birth:
All maternity birthing services must have protocols for massive transfusion, which incorporate site specific recommendations for the use of other transfusion products in addition to red blood cells. All sites must have intravenous tranexamic acid readily available. As soon as major blood loss is recognised, blood should be cross matched, and the blood and platelets be made readily available to theatre and recovery (2012).
SA Perinatal Practice Guideline - Massive blood transfusion protocol
SA Perinatal Practice Guideline - Postpartum haemorrhage
To reduce the risk of confusion about the urgency of caesarean section, all hospitals must use the terminology in the ‘Standards for the Management of Category One Caesarean Section in South Australia 2011’ (2012).

SA Standards for management of Category 1 caesarean section

Postpartum:

Where a woman presents with serious medical complications early in the postpartum period, she should be reviewed by an obstetric physician, if available, as well as by a consultant obstetrician, together with other medical specialists as appropriate (2009).

*Individual circumstances under relevant sections of SA Perinatal Practice Guidelines*

Non-steroidal anti-inflammatory drugs should be avoided post-partum and post-operatively in women with pre-eclampsia (2007).

SA Perinatal Practice Guideline - Hypertensive Disorders in Pregnancy

If a diagnosis of pre-eclampsia has been made, blood pressure must be monitored after birth until it has settled and any abnormalities of renal or liver function or blood counts have been appropriately managed (2007).

SA Perinatal Practice Guideline - Hypertensive Disorders in Pregnancy

Perinatal Subcommittee

Antenatal:

Where severe fetal growth restriction (estimated fetal weight <3rd percentile) is suspected in the second trimester, the case should be discussed with a Maternal Fetal Medicine Specialist (2015).

SA Perinatal Practice Guideline - Fetal Growth Restriction

The care of women with current or previous serious conditions during pregnancy should only be undertaken in settings which are equipped to deal appropriately with such situations (2002). Women with serious maternal conditions should be cared for in hospitals with adequate comprehensive adult services. It is important to care for pregnant women in a setting that is appropriate for the level of risk the pregnancy presents for the mother and/or the baby (2006).

Standards for Maternal and Neonatal Services in South Australia

There should be further development and evaluation of culturally appropriate programs to enhance access to, and uptake of antenatal, birthing and postnatal care in Aboriginal communities (2009).

Metropolitan Aboriginal Family Birthing Program

Pregnant women with suspected obstetric cholestasis should have appropriate investigations, including serum bile acids. If the diagnosis is confirmed, ongoing care should be conducted in consultation with an obstetrician (2009).

SA Perinatal Practice Guideline - Obstetric Cholestasis

When fetal macrosomia (large for gestational age) is suspected, the place, mode and timing of birth should be carefully considered (2009).

SA Perinatal Practice Guideline - Accelerated Fetal Growth

Women at increased risk of pre-eclampsia should be treated from early in pregnancy (< 16 week’s gestation) with aspirin 100 mg daily to reduce the risk of early-onset pre-eclampsia and intra-uterine growth restriction (2012, 2009).

SA Perinatal Practice Guideline - Hypertensive Disorders in Pregnancy
Pregnant women with a Body Mass Index (BMI) greater than 35 kg/m^2 are at higher risk from anaesthesia. A timely referral for an anaesthetic consultation should be considered for women with a high BMI (2005).

Standards for the Management of the Obese Obstetric Woman in SA

Twin pregnancies should have early ultrasound determination, followed by further surveillance, for twin-twin transfusion in monochorionic pregnancies (2005).

SA Perinatal Practice Guideline - Multiple Pregnancy

Continued support of strategies to reduce smoking in pregnancy remains important (2002), with a focus on culturally appropriate smoking cessation interventions for Aboriginal women (2004).

SA Perinatal Practice Guideline - Substance Use in Pregnancy


The Subcommittee recommends the use of the birth weight for gestational age percentile charts for singletons and twins prepared using national perinatal data, which are available on the PSANZ website with the PSANZ perinatal death classifications (www.psanz.org.au) (1998, updated 2012).

SA Perinatal Practice Guideline - Accelerated Fetal Growth
SA Perinatal Practice Guideline - Fetal Growth Restriction

Missed diagnosis of fetal growth restriction requires vigilance by clinicians during the antenatal period (2002). The use of customised growth charts and plotting during all antenatal visits from 24 weeks onwards improves the antenatal detection of growth restriction (updated 2012).

SA Perinatal Practice Guideline - Fetal Growth Restriction

Rhesus D negative women must have antibody status tested before the administration of Anti-D. A measurable titre of Anti-D antibodies is an indicator of potential alloimmunisation and always requires investigation and a specialist opinion (2006).

SA Perinatal Practice Guideline - Anti D Prophylaxis

When feto-maternal haemorrhage is suspected, flow cytometry should be considered to estimate the volume as it is more precise than the Kleihauer test (2007).

SA Perinatal Practice Guideline - Anti D Prophylaxis

Clinicians should refer to the South Australian Perinatal Practice Guidelines (www.health.sa.gov.au/PPG). Hospitals should provide easy access to the South Australian Perinatal Practice Guidelines for their staff (2011).

SA Health Perinatal Practice Guidelines
Standards for Maternal and Neonatal Services in South Australia

Labour and birth:


SA Health Planned Birth at Home

Operative vaginal deliveries with an anticipated increased risk of failure should be conducted in an operating theatre with the capacity to proceed to a caesarean section as soon as possible, if required (2011).

SA Perinatal Practice Guideline - Operative Vaginal Deliveries
Once a decision to perform an emergency caesarean section has been made, fetal heart rate monitoring should continue until the commencement of surgery (2007).
SA Perinatal Practice Guideline - Caesarean Section

When induction of labour is deemed necessary in the presence of uterine scar and unripe cervix, careful consideration should be given to alternative options, such as postponing the induction or caesarean section (2005).
SA Perinatal Practice Guideline - Birth Options After Caesarean Section

Carriers of group B streptococcus and women with risk factors, such as prolonged rupture of membranes, should be provided appropriate antibiotic treatment (2004).
SA Perinatal Practice Guideline - Early Onset Neonatal Sepsis
SA Health Perinatal Practice Guideline - Prelabour Rupture of Membranes >37 weeks
SA Health Perinatal Practice Guideline - Preterm Labour Management

Appropriate training and maintenance of competence in cardiotocograph (CTG) interpretation for all levels of medical and midwifery staff (2000).
SA Health Perinatal Practice Guideline - Cardiotocography
SA Health Perinatal Emergency Education: Fetal Surveillance

Postpartum:
All neonates who are drowsy, irritable and feeding poorly should be considered seriously ill until proven otherwise as they may not be showing classical signs of infection. Please seek specialist medical advice urgently (2015).
SA Health Perinatal Practice Guideline - Neonatal Sepsis

Autopsy is strongly recommended (1992), and the clinical appearance should always be documented (2004). If parents decline autopsy, photographic and X-ray documentation should be obtained (2003). The State Perinatal Autopsy Service is available at no cost to parents, including parents in country areas and may be contacted on (08) 8161 7333 (2006).
SA Health Perinatal Practice Guideline - Perinatal Loss
PSANZ IMPROVE Workshops

The South Australian protocol for investigating stillbirths, including a systematic approach to investigate the potential involvement of thrombophilia's should be followed (2002).
PSANZ IMPROVE Workshops
SA Perinatal Practice Guideline - Investigation of Stillbirths: SA Protocol

All placentas associated with perinatal deaths should be examined by the Department of Surgical Pathology, Women’s and Children’s Hospital (2003)(P). They should be accompanied with all relevant clinical information. (2006)(P). Placentas that are not sent for pathological examination should be refrigerated for one week in individually labelled plastic bags (2011).
SA Perinatal Practice Guideline - Perinatal Loss

All clinicians involved with clinical care for perinatal deaths or mortality review should attend an ‘IMPROVE’ workshop. ‘IMPROVE’ (Improving Perinatal Mortality Review and Outcomes via Education) workshops were designed by the Perinatal Society of Australia and New Zealand (PSANZ) and The Australian and New Zealand Stillbirth Alliance (ANZSA).
PSANZ IMPROVE Workshops

Post Neonatal Subcommittee
The section of recommendations below is no longer updated following the disbandment of the Subcommittee. For further information please visit the Child Death and Serious Injury Review Committee (CDSIRC) http://www.cdsirc.sa.gov.au or the Department of Child Protection https://www.childprotection.sa.gov.au/
Community nurses require a system to facilitate referral of high risk children to paediatricians or tertiary hospitals for urgent appointments (2006).

Department for Child Protection - Child and Family Assessment and Referral Networks

Hospitals with high levels of paediatric throughput need provision of 24-hour paediatric expertise. Appropriate protocols regarding detection and management of potentially life-threatening paediatric conditions need to be developed, reviewed, distributed to and supported by all hospitals treating children (2004).

SA Health Recognising and Responding to Clinical Deterioration Policy Directive and Guideline

Urgent medical advice should be sought for all infants who are excessively drowsy, irritable and/or are feeding poorly. These infants, who may not be showing the classical signs of infection, should be considered seriously ill until proven otherwise (2011). Small infants also become dehydrated very rapidly (1992). Health professionals are reminded that intravenous fluids are lifesaving for any sick infant. Infants with cyanotic heart disease are more prone to the complications of dehydration and specialist advice should be sought (2004). Urgent retrieval may be necessary for any infant who is thought to be suffering from a significant bacterial infection (2003).

SA Health Recognising and Responding to Clinical Deterioration Policy Directive and Guideline

Families with known risk factors for adverse child outcome, such as parental substance abuse, parental psychiatric illness, household violence, maternal age less than 20 years and poor social circumstances, need ongoing support, supervision and referral as identified. This should be continued at least throughout the first year of life, if not for a longer period of time (1997).

Child and Youth Health - Universal Contact Visit

Department for Child Protection - Child and Family Assessment and Referral Networks

The nine recommendations below regarding infant sleep are all addressed by the infant sleep standards found at SA Health Safe Sleeping Standards

1. Infants in all-in-one fitted baby sleeping bags do not require additional bed clothes covering the infant (2011).
2. Parents with infants and young children should take the opportunity to sleep when their children are asleep and should be aware of the risk of sleep deprivation associated with prolonged use of small screen entertainment. Extreme parental fatigue is a recognised risk factor for sudden unexpected deaths in infancy associated with co-sleeping. In some cases this fatigue is avoidable (2010).
3. Care should be taken when placing infants to sleep on mattresses on the floor as infants may roll off and become wedged (2006).
4. Health professionals providing care both in the antenatal and postnatal period should ensure that all parents and carers are provided with information about safe infant sleeping practices and prevention of sudden unexpected deaths in infancy (1996).
5. Babies should be placed on their backs to sleep. Sleeping supine is not contraindicated in babies with gastro-oesophageal reflux (1998).
6. Falling asleep with the infant at the breast may be hazardous (1996). Other forms of co-sleeping or bed sharing may be hazardous, particularly if the adults are intoxicated or sedated (see Appendix 11) (1993).
7. Potential hazards must be removed from the infant's sleeping environment. Babies must not be placed in cots with pillows, U-pillows, cot bumpers, large soft toys, thick blankets or quilts or any other items which may overheat or suffocate the infant (1993).
8. Infants should not be left to sleep unattended in stroller-prams or bouncinettes (1993).
9. Ensure that all new cots meet Australian Standards and only use old ones which do. Mattresses which do not fit cots properly should not be used, especially in cots that have unsupported webbing. Do not use very soft mattresses or inflatable mattresses which may vary in their firmness and present spaces in which an infant's head or face may be trapped (1993).
To record the child’s weight and chart the weight on the percentile growth charts to identify children who are not thriving. It is important to investigate why a child is not thriving (2001). Any child who is not thriving should be referred to a medical practitioner (2003).

Child Health Record

To record and monitor immunisation. Immunisation is important to prevent infectious disease in children (2001). There is some evidence that there is a reduced rate of SIDS in immunised compared with non-immunised children.

Child Health Record

To provide essential information to remove potential hazards in the home from the infant’s environment. These include long hanging curtain cords, which may catch around the neck, and water in containers or baths in which an infant may drown (1998). Infants should never be left unattended in a bath or near water, even for a minute (1993). This applies also to water features in gardens (2005). Parents should not be reassured by the presence of an older sibling in the bath with the infant (2004). This warning also applies to infants placed in devices such as ring bath seats (2002). These devices have been banned in some Australian states due to deaths from drowning associated with their use.

Child and Youth Health - blind, curtain and electrical cord safety

Children with serious illnesses need to be easily identifiable to clinicians with a Medic Alert bracelet (2005).

Medic Alert Systems

The Subcommittee recommends that further research be undertaken on the incidence of community acquired Methicillin Resistant Staphylococcus aureus (MRSA) infections to help guide clinical practice in terms of antibiotic choice in sick children. This may include setting up systems to make hospital and community acquired MRSA infection a notifiable communicable disease (2005).

NHMRC - Control of Infection in Healthcare

References

5 Roex A, Nikpoor P, van Eerd P, Hodyl N, Dekker G. Serial plotting on customised fundal height charts results in doubling of the antenatal detection of small for gestational age fetuses in nulliparous women. ANZJOG 2012:52(1);78-82