### Clinical Information Sheet

<table>
<thead>
<tr>
<th>Chronically Deranged LFTs</th>
<th>Clinical Presentation/syndrome</th>
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<tbody>
<tr>
<td>Eligibility</td>
<td>Those with abnormal liver functions of uncertain aetiology and of &gt; 3 month duration</td>
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</tbody>
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### Priority and how to access services

**Urgent referral should be considered in these patients**

- About to undergo immunosuppression for autoimmune disorders
- Those about to undergo chemotherapy
- Pregnancy
- Recent potential exposure to blood borne virus
- Marked change of LFT test from baseline or > 5x upper limit of normal
- Synthetic liver dysfunction suggestive of cirrhosis
- Persistent/ refractory symptoms of liver failure (Ascites/encephalopathy/ jaundice)
- Suspicion of hepatocellular carcinoma
- Recent GI bleed

### Information required with referral

- Alcohol history (past and present)
- BMI
- Past medical history and Medication list (past and present)
- Family history
- Previous blood tests to assess trend and duration of liver function derangement

### Investigations required with referral

- CBE, LFTs, INR
- Alpha-fetoprotein
- Hepatitis serology (HBV S Ag, HCV A/B)
- Ceruloplasmin/ A1 Antitrypsin/ Iron studies/ ANA/ Total IgG level/
- Fasting lipids and BSL
- Liver/biliary tree ultrasound (within 6 months)

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**For more information**

Central Adelaide Gastroenterology and Hepatology Services:
Royal Adelaide Hospital, North Terrace, Adelaide. Telephone: 08 8222 4000
The Queen Elizabeth Hospital, 28 Woodville Road, Woodville South. Telephone: 08 8222 6000

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