

# Central Adelaide Gastroenterology and Hepatology Services

## Clinical Information Sheet

<b>ABDOMINAL PAIN</b>	<b>Clinical Presentation/syndrome</b>
<b>Presenting complaint</b>	Abdominal pain
<b>Priority</b>	Variable depends on severity, accompanying symptoms
<b>Information required with referral</b>	<ul style="list-style-type: none"> <li>• <b>Particular reason for the referral</b> – Abdominal pain is extremely common, so the <u>specific reason</u> for the referral should be stated <u>clearly</u>.</li> <li>• <b>History of abdominal pain</b> - site, radiation, severity, character, pattern, precipitating or relieving factors, associated bowel symptoms</li> <li>• <b>Duration of abdominal pain</b> – duration since onset of symptoms and also how long pain lasts with each episode (i.e. present for months, pain lasts 1-2 hrs when occurs)</li> <li>• <b>Any associated alarm symptoms</b> – weight loss, bleeding, fever, other</li> <li>• <b>Past history of GI disease</b> – cancer, polyps, IBD, coeliac disease, IBS, haemorrhoids, abdominal radiotherapy</li> <li>• <b>? History of GI disease in first degree relative</b> – IBS, cancer, polyps, IBD</li> <li>• <b>Current medication</b> – <u>especially</u> opiates, antidepressants, anticoagulants, antiplatelets, NSAID, SSRI</li> <li>• <b>Previous medical assessment or investigation of this pain</b> - If done, please send <u>all relevant</u> information/reports</li> </ul>
<b>Investigations required with referral</b>	<ul style="list-style-type: none"> <li>• <u>All previous</u> tests for this problem (e.g. endoscopic reports, radiology reports, specialist correspondence etc.)</li> <li>• CBE, MBA20, CRP or ESR</li> </ul>

### For more information

**Central Adelaide Gastroenterology and Hepatology Services:**

Royal Adelaide Hospital, North Terrace, Adelaide. Telephone: 08 8222 4000

The Queen Elizabeth Hospital, 28 Woodville Road, Woodville South. Telephone: 08 8222 6000

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