

Claw Toe / Hammer Toe

Eligibility

- Lesser toe deformity +/- corns and callosities
- Often associated hallux valgus/ hallux rigidus
- Pain due to rubbing and corns
- Difficulty in wearing closed shoes

Differential Diagnosis

- Inflammatory arthropathy
- Neurological conditions eg Charcot Marie Tooth

Information Required for Referral

- Detail history of the pain, deformity and swelling
- Functional limitations
- Any previous treatments eg Orthotics
- Any previous surgery
- Associated medical conditions
- Problems with footwear

Investigations Required for Referral

- Full weight bearing foot X-rays

Non-urgent referral should be faxed to:

Repatriation General Hospital - (08) 8374 2591

Red Flags

- 🚩 Signs of infection or ulceration, immediate -referral to the **Emergency Department**
- 🚩 Continuous symptoms of pain despite the non-operative management, to RGH

Suggested GP Management

- Extra depth footwear
- Orthotics/ spacer
- Analgesia

Clinical Resources

Chadwick C, Saxby TS. Hammer toes/Claw toes: metatarsophalangeal joint correction. Foot and Ankle Clinic 2011 Dec;16 (4) 559-71

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1.0	July 2014	July 2016	Original