

Good Psychiatric Management for BPD: working with complexity

To register please follow the below link: <https://www.eventbrite.com/cc/gpm-for-bpd-working-with-complexity-2973639> or visit our website: www.sahealth.sa.gov.au/BPDCo

GPM-COMPLEX (GPM-C) FOR ADULTS

One day practice workshop adapting GPM for complexity

Mar

26

TIME: 9:00am - 4.30pm

VENUE: National Wine Centre of Australia
Cnr Hackney Rd & Botanic Rd, Adelaide

PRICE: \$550 per person | **SA Health Staff:** \$275

This workshop offers training in an empirically validated treatment approach to borderline personality disorder (BPD) known as Good or General Psychiatric Management (GPM), with a specific focus on complex presentations.

GPM is “good enough” for most clinicians and most clients, and provides mental health professionals guidelines they need to become skilled providers. This workshop will explore adaptation of GPM to meet the needs of patients with complexity, including those with comorbid mental health conditions, chronic high risk for suicide, and high service utilization.

The workshop will use a combination of psychoeducation and clinical vignettes to develop a principally driven GPM framework for clients with complex presentations.

On completion of this workshop participants will be able to:

- Understand a principally driven GPM approach to providing care for clients who present with complexity. This will include strategies to address common comorbid disorders.

***Prerequisite:** Prior completion of 1 day training in GPM or GPM-A.

GPM-A COMPLEX FOR ADOLESCENTS

One day practice workshop adapting GPM-A for complexity

Mar

27

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Cnr Hackney Rd & Botanic Rd, Adelaide

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- Understand a principally driven GPM approach to providing care for adolescents who present with complexity. This will include strategies to address common comorbid disorders.

***Prerequisite:** Prior completion of 1 day training in GPM-A or GPM.

PRESENTED BY: DR LOIS W. CHOI-KAIN



Dr Lois W. Choi-Kain is the Director of the Gunderson Personality Disorders Institute (GPDI). The institute provides training and supervision for numerous proven treatments, including mentalization-based treatment (MBT), dialectical behaviour therapy for post-traumatic stress disorder (DBT-PTSD), transference focused psychotherapy (TFP), and good psychiatric management (GPM). She works nationally and internationally to expand teaching efforts on BPD. With her mentor, John Gunderson, Dr. Choi-Kain developed a training program for GPM and has been expanding its applications.

Her aim as a researcher is to expand the scope and reach of effective interventions for BPD as a regular fixture of routine mental health care, to allow earlier intervention and facilitation of recovery before the burdens of illness too greatly diminish developmental opportunities critical to fostering healthy personality functioning.

Website: www.sahealth.sa.gov.au/BPDCo | Enquiries: 08 7425 6500 | Email: health.bpdservice@sa.gov.au
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