Next Steps:

What to do with your Resuscitation Plan

Keep this copy of your Resuscitation Plan with your Advance Care Directive and medication list in a place where they can be easily found (such as near or on your fridge with your ambulance emergency information booklet).

You might want to make a copy and discuss with your family, friends or substitute decision-makers (if you have appointed one).

Check that your General Practitioner has received a copy of your Resuscitation Plan along with your discharge summary.