

Palliative care

- Palliative care aims to improve the quality of life of patients and their families who are facing a life-limiting illness through the assessment and identification of palliative and supportive care issues from initial treatment planning throughout the progress of the disease.
- Assessment can occur in the outpatient clinics or in the patient's home, depending on patient need and mobility.

Information Required

- Reason for referral
 - Palliative care assessment
 - Provision of service information
 - Terminal care
 - Difficulty maintaining care at place of residence
- Patient contact details
- Primary diagnosis / date of diagnosis
- Medical correspondence
- Current medication list

Investigations Required

- Pathology results (as available)
- Radiology Results (as available)

Fax Referrals to

- Southern Adelaide Palliative Services Outpatients Fax: 08 8404 2119

Red Flags

- If the referrer has any concerns about the urgency of review required please contact SAPS
Ph: (08) 8404 2058

Suggested GP Management

- Medication management
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+topics/medicines+and+drugs/pharmacological+management+of+symptoms+for+adults+in+the+last+days+of+life>

Clinical Resources

- SALHN. Clinical Guidelines. Palliative Medication Guideline. January 2014.
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+topics/medicines+and+drugs/pharmacological+management+of+symptoms+for+adults+in+the+last+days+of+life>
- Care Search www.caresearch.com.au
- Therapeutic Guidelines. www.tg.org.au
- Palliative Care Australia www.palliativecare.org.au

Version	Date from	Date to	Amendment
2.0	July 2019	June 2020	Original

General Information to assist with referrals and the and Referral templates for FMC are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

