Safe Use of Personal Protective Equipment (PPE)

**Putting on PPE**

For maximum personal and patient protection it is essential that PPE is put on in the following sequence:

1. Hand washing or alcohol rub
2. Gown
3. P2 or N95 respirator mask
4. Fit check
5. Protective eyewear, re-fit check mask
6. Gloves, pull over cuffs of the gown
7. STOP. Check everything is in place

**Removing PPE**

To reduce the risk of self contamination PPE should be carefully removed in the following sequence:

1. Gloves
2. Hand hygiene
3. Protective eyewear
4. Gown
5. Hand hygiene
6. Mask
7. Hand washing or alcohol rub