Public health works behind the scenes to keep you well

You might not need hospital or medical care every day but YOU NEED PUBLIC HEALTH EVERY DAY

There are five Health Star Rating stars on your box of cereal, SO YOU KNOW IT’S HEALTHY

The WATER IS SAFE and CLEAN because it’s regulated by SA Health

Drop in at your local IMMUNISATION CLINIC for your annual flu shot

Choose a WHOLEGRAIN SALAD SANDWICH, a bottle of WATER and FRUIT for lunch

The Food Safety Rating certificate on the café door shows it has HIGH STANDARDS OF FOOD HANDLING and CLEANLINESS

Dinner outside, where you Fight The Bite to PROTECT YOU and YOUR FAMILY from mosquito borne disease

To learn more about public health and what you can do to keep safe and well, visit: www.sahealth.sa.gov.au/protectingpublichealth