## Clinical Information Sheet

<table>
<thead>
<tr>
<th>Clinical Condition</th>
<th>Newly diagnosed type 1 diabetes or type 2 patient with potential ketoacidosis / ill / vomiting / infection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility</td>
<td>All patients with newly diagnosed type 1 diabetes or type 2 patient with potential ketoacidosis / ill / vomiting / infection.</td>
</tr>
</tbody>
</table>
| Priority and how to access services                    | ACCESS: Royal Adelaide Hospital: Working hours: Contact Endocrine Registrar via switchboard (8222 4000) or the Diabetes Centre Clinical Coordinator on 8222 5111.  
Afterhours: Endocrine Registrar via switchboard or if not contactable: medical registrar via switchboard  
ACCESS: The Queen Elizabeth Hospital: Working hours: Contact Endocrine Registrar via switchboard (8222 6000).  
Afterhours: Medical Registrar via switchboard. |
| Differential Diagnoses                                 | Metabolic acidosis  
Acute abdomen |
| Information required with referral                     | History  
• Onset and duration of symptoms  
• Vomiting  
• Weight loss  
• Any evidence of infection  
• If already on insulin.  
Examination  
• Hydration status  
• Blood pressure and pulse. |
| Investigations required with referral                   | Blood glucose  
HbA1c (if available)  
Biochemistry (if available) |
| Pre-Referral management strategies (information required with referral) | Ensure insulin has been administered if patient already on insulin. If not on insulin consider stat dose of long acting insulin while waiting appointment. |
| Discharge Criteria/information | Type 1 patients will be followed in Diabetes outpatients on a 4 to 12 monthly basis depending on level of control and co-morbidities. |