

OUTPATIENT GP REFERRAL GUIDELINES GERIATRIC MEDICINE Southern Adelaide Local Health Network (SALHN)

The Community Geriatric Service

- Provides geriatrician consultation, short term case management and support to older people residing in the Southern Adelaide Local Health Network catchment area.
- Supports older people with complex care needs who are residing in the community and aims to minimise unnecessary admissions to hospital or residential care.
- Consists of a geriatrician, social worker, registered nurse and occupational therapist. They can provide in-home assessments of the client's medical, social, physical and cognitive needs.
- Provides services and assessment for people unwilling to attend clinic or the situation is urgent

Services include

- People >65 years with complex care needs who may require input from a geriatrician
- People <65 years with age related illness (e.g early onset dementia)
- People who have had a deterioration in their level of functioning due to age related health issues (e.g cognitive decline or frailty)
- People who are having difficulty managing independently in the community
- Aboriginal and Torres Strait Islander people will be considered from age of 45 years

Information Required

- Name and address of person referring (medical referral NOT required)
- Next of kin's name and contact details
- GP name and contact details
- Comorbidities
- Medication
- Presence or absence of Advanced Care Directives
- Specific issues of concern

Investigations Required

Any other relevant investigations (eg CT head) or previous assessments including previous cognitive assessment scores

Fax Referrals to

Community Geriatric Service reception Fax: (08) 8204 4627

Red Flags

Rapid review for people with significant safety concerns (wandering, leaving stove on)



Rapid Cognitive decline

Person living alone

No family or social supports

Situation crisis

Imminent risk of hospitalisation

Suggested GP Management

- Continue regular consultation with patient
- Phone Community Geriatric Service on (08) 8204 7640

Clinical Resources

- Dementia Australia Dementia Hotline: 1800 100 500 or https://www.dementia.org.au/
- Dementia Support Australia: 1800 699 799 https://www.dementia.com.au
- My Aged Care 1800 200 422 https://www.myagedcare.gov.au/

General Information to assist with referrals and the and Referral templates for SALHN are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Outpatient services website www.saneaith.sa.gov.au/sacintoutpatients			
Version	Date from	Date to	Amendment
2.0	December 2017	December 2019	Update to contact details and suggested GP management

