

# Vascular

## Outpatient service information, triage and referral guidelines

### Description of Service:

Vascular services for Central and Northern Adelaide is based at the Royal Adelaide Hospital, but consults and operates at several sites across the networks based on disease complexity and patient needs.

Our outpatient services are multi-disciplinary units which provide assessment, management and treatment for all sub-specialty areas of the vascular system.

### Services Provided:

- > Symptomatic varicose veins
- > Venous and arterial ulcers
- > Severe limb ischaemia and claudication
- > Abdominal aortic aneurysms
- > Complicated and diabetic foot conditions
- > Vascular renal access

### Exclusions:

- > Paediatrics
- > Cosmetic varicose veins

### For admission or **URGENT** advice contact the Vascular Registrar

Royal Adelaide Hospital (RAH)

Ph: (08) 7074 0000

***Alternatively, if the problem is urgent and the patient is unstable, the patient should be sent directly to the Emergency Department of the nearest hospital for assessment.***

### For more information or to make a referral contact

Royal Adelaide Hospital (RAH)

Fax: (08) 7074 6247

Ph: 1300 153 853

### Essential Referral Content:

#### Demographic

- > Date of birth
- > Contact details (including mobile phone)
- > Referring GP details
- > Interpreter requirements
- > Medicare number

#### Clinical

- > Reason for referral
- > Duration of symptoms
- > Relevant pathology and imaging reports
- > Past medical history
- > Current medications



## Adult Triage Criteria for referral

Emergency	Category 1	Category 2	Category 3
Referrer must contact Vascular on-call registrar at the RAH to discuss care or arrange potential urgent review via an emergency department	Up to 30 days	Up to 90 days	Greater than 90 days
<ul style="list-style-type: none"> <li>&gt; AAA with history of back pain, abdominal pain or tenderness</li> <li>&gt; AAA &gt;7cm + symptoms</li> <li>&gt; TIA/Stroke symptoms within 2 weeks</li> <li>&gt; Acutely Ischaemic foot</li> <li>&gt; Diabetic foot infection with erythema &gt;2cm from ulcer</li> <li>&gt; Iliofemoral/Upper DVT – with confirmed duplex scan</li> <li>&gt; Carotid dissection</li> <li>&gt; Aortic dissection</li> <li>&gt; Superficial thrombophlebitis extending to within 5cm of the SFJ or SPJ and confirmed on ultrasound scan</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Neuropathic ulceration</li> <li>&gt; Infected venous leg ulceration</li> <li>&gt; Carotid body tumour</li> <li>&gt; Asymptomatic AAA &gt;5cm</li> <li>&gt; Ischaemic rest pain</li> <li>&gt; Foot ulceration</li> </ul> <p><b>Require appointment within 1 week:</b></p> <ul style="list-style-type: none"> <li>&gt; TIA/stroke within 2 week symptom period (combined with referral to TIA clinic)</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Arterio-venous malformation.</li> <li>&gt; AAA &lt;5cm</li> <li>&gt; Vasospastic disorders</li> <li>&gt; Short distance claudication &lt;50cm</li> <li>&gt; Chronic venous leg ulceration</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Hyperhidrosis</li> <li>&gt; Claudication</li> <li>&gt; Thoracic outlet syndrome – arterial, venous, neurogenic</li> <li>&gt; Distal superficial thrombophlebitis (confirmed with duplex scan)</li> <li>&gt; Varicose veins</li> <li>&gt; Asymptomatic carotid disease.</li> </ul> <p><b>Note: varicose vein inclusion criteria</b></p> <ul style="list-style-type: none"> <li>&gt; Current or healed ulcers</li> <li>&gt; Skin changes in keeping with chronic venous insufficiency</li> <li>&gt; Bleeding varicosity</li> <li>&gt; Phlebitis or thrombosis confirmed with ultrasound.</li> </ul>

### For more information or to make a referral

Royal Adelaide Hospital: Level 3F, Wing 1  
 Referral Fax Number: (08) 7074 6247  
 Phone Number: 1300 153 853

Acknowledgement: This document has had the final approval from the head of unit:  
 Vascular Department

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Draft V0.1	20192502	20202502	

Web: [www.sahealth.gov.au](http://www.sahealth.gov.au)

