



SURVEY RESULTS

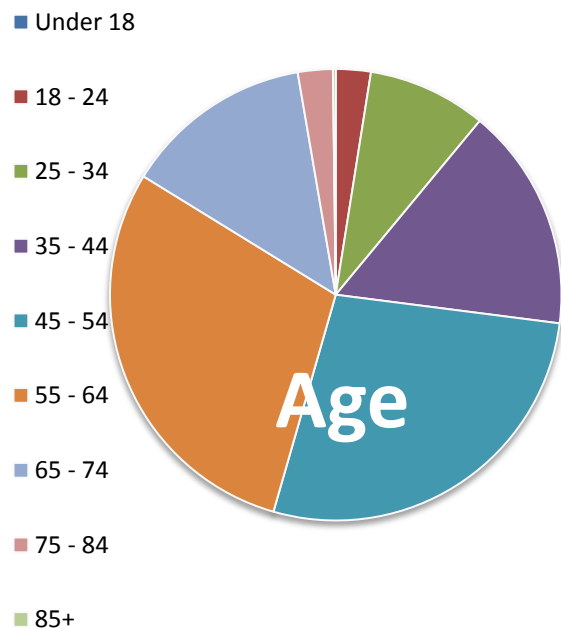
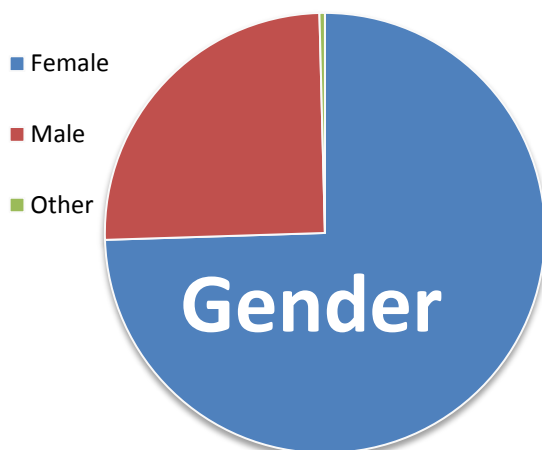
The Survey

- The survey was intended to capture the views of everyday South Australians about what contributes towards wellbeing, to help frame the SA: State of Wellbeing 90 Day Project.
- The survey asked respondents to identify the factors (domains) that they considered most contributed to wellbeing, at 3 levels - Personal, Family/Community and State Population level. Respondents were asked to rate domains on a Likert scale ranging from 'essential' to 'not important.' Domains were compiled from an extensive literature review including ABS reports, and a WHO publication.
- The survey was distributed through networks of those involved in the project (e.g. DCSI, SA Health, Community Centres SA, TAFE SA) and was also made available on YourSay.com. The survey was open for approximately 3 weeks and received a total of 540 responses in that time; 530 online and 10 face-to-face.
- The following sections offer a summary of the results....



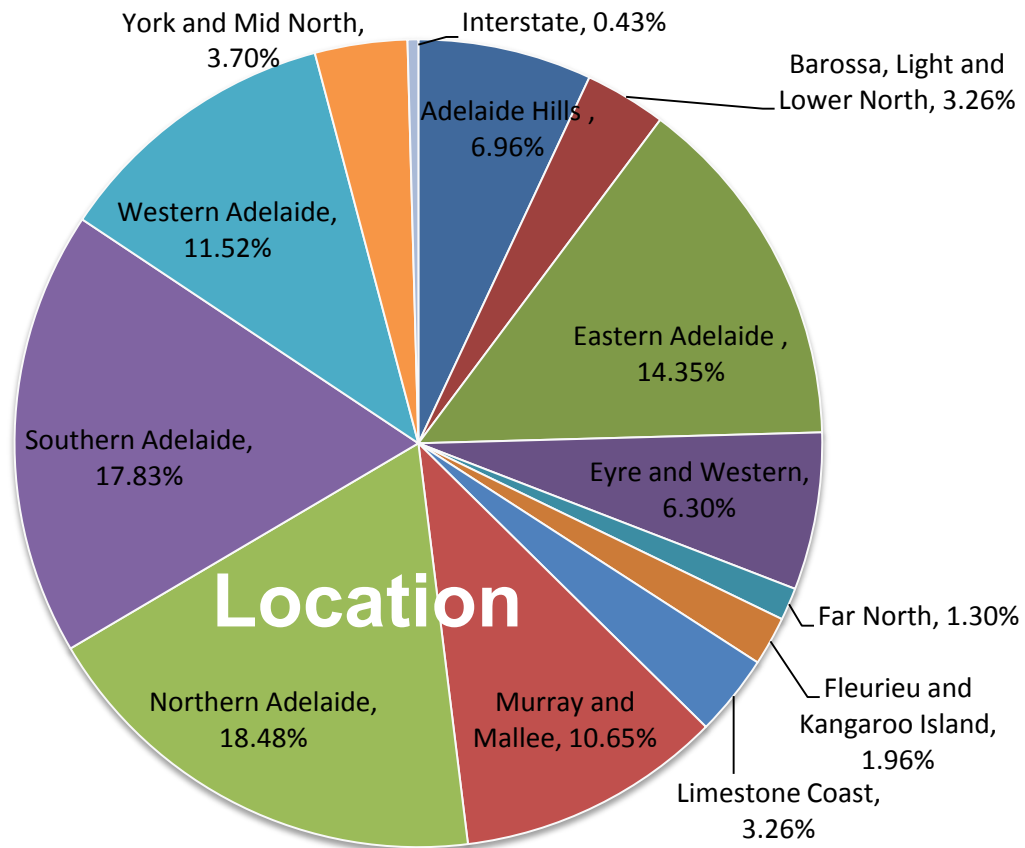
The Respondents

- The majority of respondents were older (e.g. 70% aged 45-75), with relatively few younger people (11% aged 18-34)
- Additionally, the majority of respondents were female (75%)



The Respondents

- 62.2% of respondents were from metropolitan Adelaide and 37.4% were from regional South Australia. The location chart below shows the distribution of respondents across the regions of metropolitan Adelaide and South Australia
- 2% of respondents identified as Aboriginal and/or Torres Strait Islander
- 99% of respondents spoke English at home and 18% were born overseas



2% Aboriginal/Torres Strait Islander

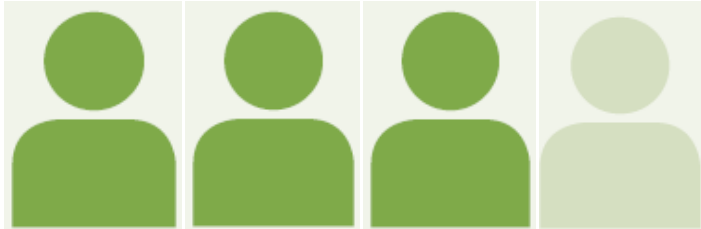
99% Spoke english at home

18% Overseas born

Personal Wellbeing

Emotional/mental health was the **highest** ranking domain for personal wellbeing ...

3 out of every 4 respondents (75%) thought this was 'essential'



Personal safety (56% of respondents selected 'essential'), *Having good personal relationships* (49% of respondents selected 'essential') and *Physical health* (45% of respondents selected 'essential' and 49% selected 'very important') were the other factors considered most important

The **lowest** ranking domain for personal wellbeing was *Spirituality and religion* - 27% of respondents selected 'not important'

Personal Wellbeing Comments:

'People ultimately need to feel safe and comfortable, so anything that contributes to those things will make a huge impact on well-being.'



'... Having employment which gives you enough hours of work and income, to guarantee that you can pay your bills and not constantly worry that you will be unemployed.'

Family and Community Wellbeing Comments:

'Our communities should be diverse and respectful. Safety and reduced violence are important.'



'... The design of our cities and suburbs encourage isolation with separated properties and the reliance on isolating transport modes.'

Family and Community Wellbeing

Access to health services was the **highest** ranking domain for family and community wellbeing ... **55%** thought this was 'essential'

This was closely followed by *Time spent with family and friends* (54% of respondents selected 'essential') and *Safety and security* (49% of respondents selected 'essential')

The **lowest** ranking family and community domain was *Access to childcare* - 15% of respondents selected 'not important.' Only one respondent aged between 18-34 selected 'not important' for *Access to childcare* however (the most common 'not important' answer for 18-34 year olds was *Culture and kinship* -15%)

SA Population Wellbeing

Availability and accessibility of services was the **highest** ranking domain contributing to SA population wellbeing ... **62%** of respondents thought this was 'essential'

Justice and equity for all (i.e. minimising racial discrimination, gender equality – 53% of respondents selected 'essential') and *Job security and opportunities* (48% of respondents selected 'essential') were the other factors considered most important

The **2 lowest** ranking State Population domains reported as 'not important' by respondents were *State/national security (defence)* (5%) and *Entertainment and events* (3%)

SA Population Wellbeing Comments:

'Being able to afford electricity and water.....'



'Freedom to speak our opinions... feeling safe in our homes and communities.'



More information about the SA: State of Wellbeing Project can be found at:
<http://publicsector.sa.gov.au/culture/90-day-projects/state-of-wellbeing/>