

# PLASTIC SURGERY

## NALHN Outpatient Service Information, Triage & Referral Guidelines

### Description of Service:

NALHN provides a limited plastic surgery service. The Outpatient service is based at Modbury Hospital and runs on a fortnightly basis. Patients may receive their surgery at either LMH or Modbury depending on the acuity of the procedure being undertaken.

### Due to the limited capacity of this service the conditions that can be seen are primarily as follows:

- Skin Cancers (but not ongoing preventative “skin checks”, these should be referred to a specialist skin clinic /dermatologist)
- Suspicious/non-healing wounds
- Hand conditions
  - Dupytrens contractures
  - Complex carpal tunnel releases – please note a Nerve conduction study must accompany the referral
- Medically indicated Breast Surgery

*Referrals for other conditions will be reviewed and triaged but if non-urgent may experience delays in being seen*

### Exclusions:

- Complex Craniofacial
- Paediatrics
- Body Contouring
- Chronic Wounds

### Referral Criteria:

- Biopsy Results where applicable
- Please include copies of all reports and results
- Patients are seen based on the urgency, as judged from the referral, so referring doctors are urged to give a full and detailed referral to ensure that this is equitably managed.

### URGENT Target < 1 month

- > Melanoma
- > Squamous Cell Carcinoma

### SEMI-URGENT Target <3months

- > Basal Cell Carcinoma
- > Suspicious non-healing wounds
- > Hand conditions

### NON-URGENT/ROUTINE

- > Medically indicated Breast Reduction / Abdominoplasty following weight reduction

**Consultant:** Mr Peter Riddell

### For More Information or to Make a Referral

Location: MH OPD Area 2&3 – Ground Floor MH  
 Referral Fax Number: 8161 2591  
 Phone Number: via MH Switchboard 8161 2000

For more information about NALHN Outpatient services - [www.sahealth.sa.gov.au/NALHNoutpatients](http://www.sahealth.sa.gov.au/NALHNoutpatients)

Acknowledgement: Content for this document was primarily sourced through the SALHN Specialty Outpatient Guidelines 2014/15

Version	Date from	Date to	Amendment
1.0	July 2015	July 2016	Original
2.0	May 2016	April 2019	New Template
3.0	April 2019		New Template, revised document

# PLASTIC SURGERY

## NALHN Outpatient Service Information, Triage & Referral Guidelines

### Condition

- **Definition:**
- **Differential diagnoses include:**

#### Information Required

- 

#### Investigations Required

- 

#### Red Flags



### Suggested GP Management

- 

### Condition

- **Definition:**
- **Differential diagnoses include:**

#### Information Required

- 

#### Investigations Required

- 

#### Red Flags



### Suggested GP Management

Acknowledgement: Content for this document was primarily sourced through the SALHN Specialty Outpatient Guidelines 2014/15

Version	Date from	Date to	Amendment
1.0	July 2015	July 2016	Original
2.0	May 2016	April 2019	New Template
3.0	April 2019		New Template, revised document