People come to health services for care of injuries from **FALLS**

**LAST YEAR IN THE NORTHERN ADELAIDE LOCAL HEALTH NETWORK (NALHN)**

**4,663 PEOPLE** were admitted to public hospitals injured **AFTER A FALL**.

That figure is almost **16x** over the **292** admitted to hospital for **MOTOR VEHICLE INJURIES**.

**OVER 74%** of these were people **OVER 65**.

**405** older people **DIED IN HOSPITAL** as a result of injuries from a fall.

**LAST YEAR IN SOUTH AUSTRALIA**

**7.8 DAYS** is **AVERAGE LENGTH OF STAY** in hospital for injured older people.

During health care, **FALLS** are the **SECOND MOST REPORTED** incident

In NALHN there were 9 **FALLS** resulting in serious harm (SAC 1 or SAC 2) in 2019.

Potentially there have been **289 serious falls AVOIDED**.

**1,440 REPORTED FALLS INCIDENTS** in 2019.

**EFFECTIVE STRATEGIES**

- Quick **POST FALL TEAM REVIEWS** to reduce repeat falls.
- **HOURLY ROUNDING** especially for patients who have dementia or delirium.
- **100%** of NALHN services that have been accredited **PASSED Standard 5.24-6**. Committees and staff should be proud of this achievement.
- **6,114+ STAFF** have completed the online eLearning course on Falls Prevention since its launch in April 2014.

*All data relates to NALHN, except where specified.*