People come to health services for care of injuries from FALLS during health care, FALLS are the MOST NUMEROUS REPORTED incident.

**LAST YEAR IN THE NORTHERN ADELAIDE LOCAL HEALTH NETWORK (NALHN)**
- **4,663 PEOPLE** were admitted to public hospitals injured AFTER A FALL.
- That figure is almost 16x HIGHER than the 292 admitted to hospital for MOTOR VEHICLE INJURIES.
- **7.8 DAYS** is AVERAGE LENGTH OF STAY in hospital for injured older people.

**LAST YEAR IN SOUTH AUSTRALIA**
- **405 older people DIED IN HOSPITAL** as a result of injuries from a fall.
- **OVER 74%** of these were people OVER 65.
- **4,663 PEOPLE** were admitted to public hospitals injured AFTER A FALL.
- **7.8 DAYS** is AVERAGE LENGTH OF STAY in hospital for injured older people.

In NALHN there were 9 FALLS resulting in serious harm (SAC 1 or SAC 2) in 2019.

**EFFECTIVE STRATEGIES**
- Quick POST FALL TEAM REVIEWS to reduce repeat falls.
- HOURLY ROUNDING especially for patients who have dementia or delirium.
- **100%** of NALHN services that have been accredited PASSED Standard 5.24-6. Committees and staff should be proud of this achievement.
- **6,114+ STAFF** have completed the online eLearning course on Falls Prevention since its launch in April 2014.

**Potentially there have been 289 serious falls AVOIDED.**

**Health Professional**

sahealth.sa.gov.au/FallsPrevention

sahealth.sa.gov.au/Falls

* All data relates to NALHN, except where specified.