People come to health services for care of injuries from falls.

**Last Year in the Country Health South Australia Local Health Network (CHSALHN)**

- **5,366 People** were admitted to public hospitals injured after a fall.
- About 72% of these were people over 65.
- That figure is over 14x higher than the 366 admitted to hospital for motor vehicle injuries.
- **7.4 Days** is the average length of stay in hospital for injured older people.
- **4,623 Reported Falls Incidents** in 2019.
- In CHSALHN there were 63 falls resulting in serious harm (SAC 1 or SAC 2) in 2019.
- Potentially there have been 239 serious falls avoided.

**During health care, falls are the second most reported incident**

**EFFECTIVE STRATEGIES**

- Quick post fall team reviews to reduce repeat falls.
- Hourly rounding especially for patients who have dementia or delirium.
- 100% of CHSALHN services that have been accredited passed Standard 5.24-6. Committees and staff should be proud of this achievement.
- 3,823+ Staff have completed the online eLearning course on Falls Prevention since its launch in April 2014.

**2011 level**

**2019 level**

**Serious Falls Avoided**

![Graph showing the number of serious falls avoided from 2011 to 2019.](chart)

- **2011** level: 100 serious falls avoided.
- **2019** level: 80 serious falls avoided.

**Health Professional General**

sahealth.sa.gov.au/FallsPrevention

sahealth.sa.gov.au/Falls

* All data relates to CHSALHN, except where specified.