People come to health services for care of injuries from falls.

**LAST YEAR IN THE COUNTRY HEALTH SOUTH AUSTRALIA LOCAL HEALTH NETWORK (CHSALHN)**

- **5,366 PEOPLE**
  - 366 people were admitted to public hospitals injured **AFTER A FALL**.
  - About **72%** of these were people **OVER 65**.

- **7.4 DAYS**
  - Average length of stay in hospital for injured older people.

- **405 older people**
  - Died in hospital as a result of injuries from a fall.

**LAST YEAR IN SOUTH AUSTRALIA**

- **4,623 REPORTED FALLS INCIDENTS** in 2019.

**EFFECTIVE STRATEGIES**

- Quick POST FALL TEAM REVIEWS to reduce repeat falls.
- **HOURLY ROUNDING** especially for patients who have dementia or delirium.
- **100%** of CHSALHN services that have been accredited **PASSED Standard 5.24-6**. Committees and staff should be proud of this achievement.
- **3,823+ STAFF** have completed the online eLearning course on Falls Prevention since its launch in April 2014.

**During health care, falls are the MOST NUMEROUS REPORTED incident**

- In CHSALHN there were **63 FALLS** resulting in serious harm (SAC 1 or SAC 2) in 2019.

- Potentially there have been **239 serious falls AVOIDED**.

- Over 14 times the number of people admitted to hospital for motor vehicle injuries.

- **2011 level**
  - **90 serious falls**

- **2019 level**
  - **58 serious falls**