

Ceduna District Health Services

Service Plan Summary

2022-2027

Our Health Service

Ceduna District Health Services (CDHS) is part of the Eyre and Far North Local Health Network (EFNLHN). CDHS is funded as a multipurpose service with 15 acute multi-day beds, four day-only beds, two dialysis chairs and 38 aged care beds. Aged care, acute hospital and primary health care services are combined in the one facility.

CDHS serves a catchment population of 4,220 and includes communities such as Ceduna, Thevenard, Denial Bay, Smoky Bay, Fowlers Bay, Penong, Koonibba, Bookabie and Yalata.

A co-design service planning process was undertaken in 2021/22 involving our community, consumers, health leaders, staff, clinicians and partners. The outcome is a service plan that will guide our actions and efforts over the next five years and beyond.

Our EFNLHN Vision

A trusted provider of accessible, responsive, and innovative health, disability, and aged care services to support the wellbeing of our diverse communities.

Our EFNLHN Purpose

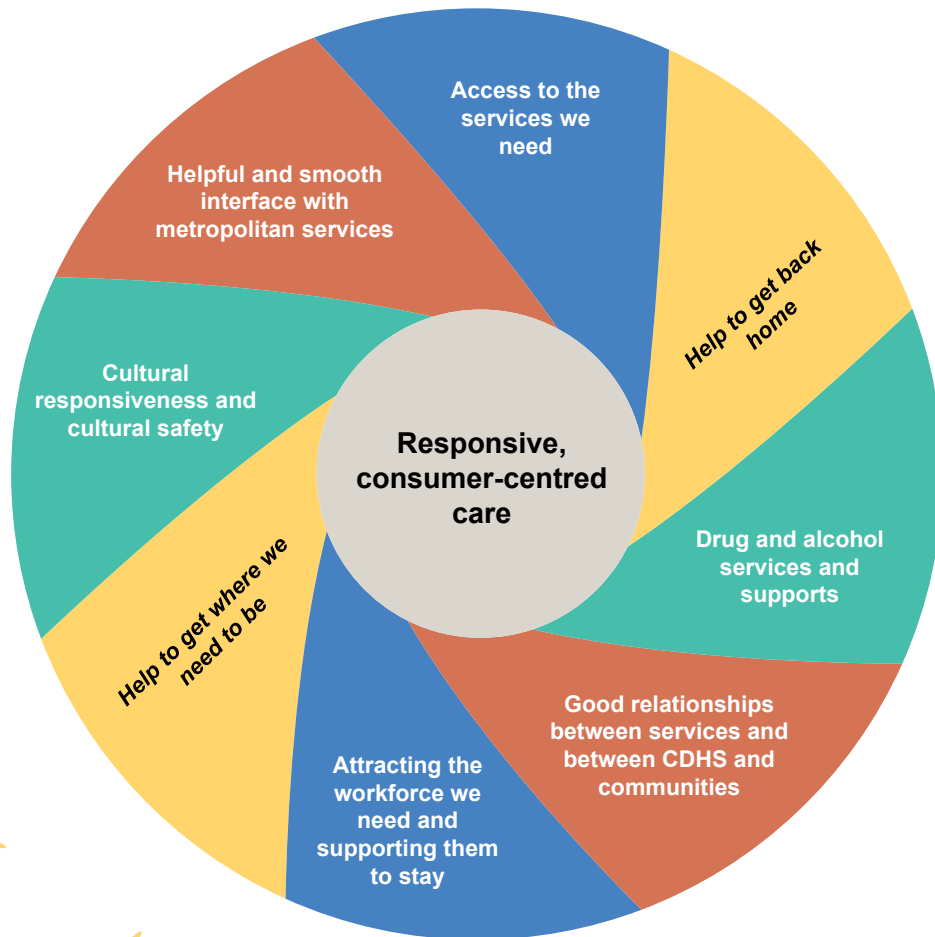
To drive exceptional health and aged care services across the Eyre and Far North.



Health
Eyre and Far North
Local Health Network



What our community, consumers and partners said was important:



What we noticed in the data:



The overall resident population of the Ceduna catchment is expected to **decrease** slightly through to 2036.



The resident population aged **80+** is expected to grow by **57.4%** from 2016-2036.

8%

approximately **8%** of the Ceduna catchment population is defined as the most disadvantaged across the State and Nationally.



Separations for Aboriginal people accounted for **63.3%** of all separations at Ceduna hospital in 2019-20.



Mental health separations accounted for **3.9%** of all separations, and drug and alcohol separations accounted for **2.4%** of all separations at Ceduna hospital in 2019-20.

43% of mental health separations are experienced by Aboriginal people (19/20).

There has been a **general upward trend in Mental Health Act treatment orders** over the five-year period from 2016-17 to 2020-21 ranging from 16 in 2016-17 to 42 in 2020-21.



When compared to a range of other country SA hospitals, it was noted that Ceduna has **around half the population but almost double the number of emergency presentations**.



85% of ED presentations were for people from the Ceduna catchment (then 6.6% Unknown/Interstate, followed by Streaky Bay and metropolitan areas).



Aboriginal people experienced **60%** of ED presentations defined as psychosocial presenting problem.



Substance abuse-related emergency presentations continue to be significant with an average of 169 presentations per year from 2016-17 to 2020-21.

Summary of service plan recommendations

PRIORITY AREA	CONSUMER / PARTNER VOICE	SERVICE IMPROVEMENT AREAS	ALIGNMENT WITH STRATEGIC PLAN PRIORITIES
ACCIDENT AND EMERGENCY	<i>“The Community Paramedics are great and work really well with the hospital...it would be good to do more of that sort of preventative care and early intervention in A&E..” - workshop participant</i>	<ul style="list-style-type: none"> Develop and support the workforce to optimise provision of emergency services in Ceduna. Explore and expand models that optimise emergency care in very remote areas. Expand the focus on holistic and preventative health in the accident and emergency setting. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business
GENERAL MEDICAL	<i>“There needs to be some sort of orientation for staff so that they understand our culture” – community member</i>	<ul style="list-style-type: none"> Collaborate across agencies to optimise primary prevention and hospital avoidance. Optimise funding models for CDHS to support the development, maintenance and growth of sustainable services. Increase access to specialists and strengthen specialist outpatient services in Ceduna. Expand the ability of CDHS to provide services closer to home. Use a variety of approaches to improve cultural responsiveness of CDHS. Explore best practice approaches to workforce recruitment and retention for remote areas across Australia. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business. Interconnected Mental Health Services.
SURGICAL	<i>“One thing people have to travel away for a lot is surgery...would be good to be able to have more options here” - community member</i>	<ul style="list-style-type: none"> Develop new, and sustain existing, surgical services. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business
MATERNITY AND NEONATE	<i>“...we really want birthing services to continue, it is really important to the community to have it here...” - community member</i>	<ul style="list-style-type: none"> Explore workforce approaches to grow maternity and neonatal services at CDHS. Enhance the cultural responsiveness of the maternity services at CDHS. Enable women to birth on Country. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business
AGED CARE	<i>“There are workforce pressures on aged care...an ageing workforce and issues with recruitment and retention” - workshop participant</i>	<ul style="list-style-type: none"> Promote and evolve consumer- centred aged care. Identify funding sources and models of care to enhance contemporary aged care service provision. Plan for future aged care infrastructure needs considerate of the projected growth in the older population and best practice in aged care. Grow and nurture our aged care workforce. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business Vibrant aged and disability care.

PRIORITY AREA	CONSUMER / PARTNER VOICE	SERVICE IMPROVEMENT AREAS	ALIGNMENT WITH STRATEGIC PLAN PRIORITIES
MENTAL HEALTH	<i>"There are silos, but local agencies are really willing to work together"</i> – workshop participant	<ul style="list-style-type: none"> Nurture and lead mechanisms for inter-agency collaboration for local mental health service development. Grow and strengthen the local workforce to enable a comprehensive mental health response. Explore new funding for expansion of mental health services. Improve mental health literacy across the community. Build culturally responsive mental health services. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business Interconnected Mental Health Services.
COMMUNITY-BASED AND ALLIED HEALTH SERVICES	<i>"...policy of 3 strikes and you're out is difficult for remote communities. Need to have appointments on the same day to enable being able to go – no good having dietitian one day and podiatrist the next."</i> – consumer	<ul style="list-style-type: none"> Bolster the workforce in Ceduna to enable contemporary models of care for the unique needs and priorities of the Ceduna catchment. Explore opportunities to optimise and expand community and allied health services. Improve the cultural responsiveness of services and our workforce. Partner to improve access to services that address alcohol and other drug addiction. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business. Vibrant aged and disability care.
PATIENT JOURNEY AND ACCESS	<i>"...so many agencies in the community but transport is still a big issue – who can fill that gap?"</i> - focus group participant	<ul style="list-style-type: none"> Address 'patient journey' and access barriers for consumers. Improve supports for Ceduna catchment residents accessing health services in metropolitan hospitals. 	<ul style="list-style-type: none"> Responsive services and care Skilled, Supported and Sustainable Workforce Aboriginal Health is Everyone's Business
MEDICAL IMAGING	<i>"...Inability to have specialised tests such as CT Scan which is preventing following up medical care when the cost of the scan plus the cost of travel is so expensive...."</i> - community member	<ul style="list-style-type: none"> Expand local medical imaging services. 	<ul style="list-style-type: none"> Responsive services and care

The recommendations contained within the service plan for Ceduna District Health Services will be prioritised in alignment with the EFNLHN Strategic and Operational Plans with a view to implementation over the next five years and beyond. Some recommendations have already begun implementation while others are dependent on a range of other factors.

For further detail and the full range of service improvement recommendations please refer to the detailed service plan document available at sahealth.sa.gov.au/eyreandfarnorthlhn

