

OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES STROKE

Southern Adelaide Local Health Network (SALHN)

Transient Ischaemic Attack (TIA)

The Transient Ischaemic Attack (TIA) – Rapid Assessment Service provides an outpatient service for clinical risk <u>assessment diagnosis and management of Acute TIA's</u>. Referrals are accepted for patients with a working diagnosis of either TIA/minor non-disabling stroke. Triaged according to ABCD² Score plus relevant co-morbidities

- Atrial Fibrillation
- Known symptomatic Carotid Artery Stenosis > 50%
- Crescendo TIA (one or more TIAs in the preceding week)

ABCD² Score The ABCD² score is a risk assessment tool designed to improve the prediction of shortterm stroke risk after a transient ischaemic attack (TIA). The score is optimized to predict the risk of stroke within 2 days after TIA, but also predicts stroke risk within 90 days. The ABCD² score is calculated by summing up points for five independent factors. Risk Factor Points Score Age 1 ≥60 years **Blood Pressure** 1 Systolic BP ≥ 140 mm Hg OR Diastolic BP ≥ 90 mm Hg Clinical features of TIA (Choose one) Unilateral weakness with or without speech impairment OR 2 Speech impairment without unilateral weakness 1 Duration TIA duration ≥ 60 minutes 2 TIA duration 10-59 minutes 1 **Diabetes** 1 ABCD² Score 0-7

Services provided

- Atrial Fibrillation
- Known symptomatic Carotid Artery Stenosis > 50%
- Crescendo TIA
- · History of TIA in preceding week

Services not provided

- General Neurology
 - Migraines, Epilepsy, M.S., Parkinson's, Acute Neurological services, isolated vertigo or isolated syncope
- Driving Assessment outside of TIA/Stroke

For Admission or URGENT advice contact TIA Hotline Registrar on

Flinders Medical Centre Tel: 8204 6891 (Monday-Friday 09.00 – 16.30) Fax: 8204 5591

For After hours contact the Stroke Physician via FMC Switchboard 8204 5511

Triage Criteria for Referral		
Category 1 Current < 24 hours	Category 2 Current < 7 days	Category 3 Current < 1 month
 ABCD² Score ≥ 4 plus co-morbidities 	• ABCD ² Score < 4	Driving Assessment for TIA or StrokeOngoing Stroke management

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1.0	August 2014	August 2016	Original