



NORTHERN ADELAIDE LOCAL HEALTH NETWORK

AVOIDING HOSPITAL

Quick reference: Local contacts and referral options

CHILD AND ADOLESCENT VIRTUAL URGENT CARE SERVICE

Phone: 08 8161 8207 - GP's only direct number (first option)

Phone: 0481 467 655 - Consultant number for GP's only (second option)

9am to 9pm, 7 days a week.

Patients can only access this service via the website:

www.wch.sa.gov.au/patients-visitors/emergencies/virtual-urgent-care

HOSPITAL AVOIDANCE SUPPORTED DISCHARGE SERVICE (HASDS)

Phone: 0435 475 190 - GP referral number / Phone: 8342 8600 - main number

9am - 8.30pm Monday-Friday. 11am to 7.30pm, weekends/public holidays.

HOSPITAL AVOIDANCE TEAM - LMH

Phone: 0466 861 839

8am-4pm, Monday-Friday.

MENTAL HEALTH: SONDER WALK-IN SERVICE

Phone: 8209 0700

5pm to 9pm, Monday-Friday.

METROPOLITAN REFERRAL UNIT (MRU)

Phone: 1300 110 600

8am to 8pm, 7 days a week.

MY HOME HOSPITAL

Phone: 1800 111 644

24 hours, 7 days a week.

PRIORITY CARE CENTRES (OPENING HOURS VARY)

Elizabeth: 0466 935 910 / Para Hills: 0468 554 626

URGENT CARE CLINIC

Phone: 8256 8000

10am to 8pm, 7 days a week

URGENT MENTAL HEALTH CARE CENTRE (UMHCC)

Phone: 8448 9100

24 hours, 7 days a week.

FOR MORE INFORMATION:

GP Integration Unit, Lyell McEwin Hospital

Phone: 0466 511 534

Email: Health.NALHNGPIntegrationUnit@sa.gov.au

Website: sahealth.sa.gov.au/nalhngPIU

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