ABCDE Medical Services

Dr Chad Collins MBBS, FRACGP 1234567Y

1 Somewhere Road NOWHERE 1234

Phone : 08 1234 5678 Fax: 08 1234 5679 Email : ccollins@ABCDEmedicalservices.com.au

> Patient Name: Mr. John Smith DOB: 26/01/1969 Address: 320 Nowhere Street NOWHERE 1234 Medicare No: 12345678910

NALHN Cardiology Outpatient Service A/Prof Margaret Arstall

Lyell McEwin Hospital Haydown Road Elizabeth Vale, SA 5112 **Phone:** 8182 9000

26 May 2021 12-month referral

Dear A/Prof Arstall,

RE: Mr. John Smith Date of Birth: 26/01/1969 320 Nowhere Street, NOWHERE, 1234 Phone: 0428123456

Clinical Details:

Thank you for seeing Mr John Smith, a 52-year-old male office worker, for advice and management, regarding intermittent centrally located sharp 6/10 chest pain on exertion, relieved by rest, for which he has presented once to the Lyell McEwin Hospital Emergency Department. These episodes usually last a few minutes, without radiation.

John has a calculated absolute cardiovascular risk score of 12% 5 years, without any ECG changes. He is nondiabetic, with a total cholesterol of 6.8, HDL cholesterol 1.0 and an LDL cholesterol 2.8 - see attached blood testing and ECG tracing for your review.

He has had no previous Cardiac investigations.

Observations/Examination:

- No stigmata of cardiovascular disease
- JVPNE
- HSDNM
- BP 158/85; P 78 + regular.

I have advised him on diet and lifestyle, and commenced secondary prevention medical treatment, under suspicion of angina. This includes Aspirin, ACEI, lipid lowering therapy and B-blocker, with as required use of GTN spray (educated and trained on use). I have also advised him to contact SAAS should he experience any further chest pain.

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Past History: Nil Current Problems: GOR Resolved Problems Nil Current Regular Medications: Aspirin [112] 100mg tablet Atorvastatin [30] 40mg tablet Perindopril Arginine [30] 5mg tablet Metoprolol [100] 50mg tablet Esomeprazole [30] 20mg tablet

Current PRN Medications: GTN Sublingual spray 400mcg [200 doses] ONE TABLET ORALLY DAILY ONE TABLET ORALLY DAILY ONE TABLET ORALLY DAILY HALF TABLET TWICE DAILY ORALLY ONE TABLET ORALLY DAILY

1-2 sprays; repeat after 5 mins if necessary, to a maximum of three (3) sprays

Smoking:

Ex-smoker. Quit 2018. 20 pack year history Family Hx: T2DM CVD – Father STEMI age 62 – Deceased. Social Hx: Employed. Lives with wife (25 years) and two teenage children. Allergies: No Known Allergies Referral History: This is the first referral to NALHN Cardiology Outpatient Services. Interpreter services: No

John has agreed to conduct consultations either via telehealth or face to face as required.

Thank you again for seeing Mr John Smith.

Yours sincerely,

Chad Collins

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