

Fact Sheet

South Australian Suicide Prevention Community Grants Scheme

Successful bids 2019/20

Name of Applicant	Description
Wesley LifeForce	As part of the Aboriginal Community Suicide Prevention Roadshow, Wesley LifeForce will visit Aboriginal communities across four sites to deliver informative presentations from speakers with lived experience. The project is designed to be a follow-up to the highly successful Save Our Mates Men's Wellbeing Roadshow 2019.
West Coast Youth and Community Support	The West Coast Youth and Community Support's project 'Mentally Fit EP' plans to film artistic short stories and stills from individuals with lived experience to form part of a social media campaign. The aim is to provide facts about suicide and suicidal behaviour, present effective suicide intervention and improve help-seeking skills.
Lived Experience Leadership & Advocacy Network (LELAN)	Adelaide-based LELAN will interview people with lived experience of suicide ideation or attempts to create sharable video and written content, focusing on how individuals overcame mental health challenges. The project allows people with lived experience to share their stories with the goal to improving services for others.
Every Life Matters Suicide Prevention Network	Young people from Salisbury's Every Life Matters Suicide Prevention Network will organise and participate in Suicide Prevention training for young people in the northern suburbs to attend at no cost. The Network is also partnering with the Salisbury Youth Council to develop a project to support young people who are moving into independence.
Empowering Lower Eyre Suicide Prevention Network	Through their 'In Safe Hands' project, the Empowering Lower Eyre Suicide Prevention Network will educate and support country kids who are making the move to the city for work, college or university. The Network will prepare young people to tackle challenges such as transport, finding employment, budgeting, health and finding sporting or interest groups.
Moolagoo Mob (Aboriginal LGBTIQ) Social & Emotional Well-being Group	The Moolagoo Mob will create an art exhibition at Tandanya National Aboriginal Cultural Institute to highlight important issues such as Aboriginal identity, LGBTIQ identity, sexuality and belonging. They will also create digital story-telling to bring together Aboriginal Elders and LGBTIQ leaders to address the importance of staying connected and speaking up on issues negatively impacting wellbeing.

Fact Sheet

Adelaide Outriggers	In partnership with CentaCare Country SA, the Adelaide Outriggers Canoe Club will deliver the 'Many Clans One Mob' Aboriginal Youth Cultural Camp. The camp will use an emotional wellbeing holistic approach based on country, culture, community, spirit, and physical and mental health.
The Mental Health Coalition of South Australia	The Mental Health Coalition of South Australia will design and produce unique brochures targeted at the construction industry. These brochures will raise awareness around mental illness and suicide in the industry, encourage help-seeking behaviour, and connect tradies and construction workers to support services.
OARS Community Transitions	OARS Community Transitions, which provides crime prevention and rehabilitation services, will create playing cards with positive suicide prevention and intervention messaging. This innovative project will see OARS clients and prisoners contributing artwork and designs for the cards, which encourage those who are in need to seek help.
Around the Campfire Inc	The 2019 Adelaide Around the Campfire Cup is a women's AFL carnival which will bring together indigenous and non-indigenous women from across SA and the NT, with an emphasis on mental health, networking, business development and confidence building. This year the carnival will be expanded to include workshops to develop learning and vocational pathways for indigenous women.
Lakeside Men's Shed	The Lakeside Men's Shed at Milang hosts a BBQ each week as an opportunity for socially isolated members of the community to connect with others who may be in a similar situation. The event, among other initiatives of the Men's Shed, has increased in popularity and provides a fun and relaxing way to engage with the community.
SOS Yorke's Suicide Prevention Network	Stamp Out Suicide (SOS) Yorke Peninsula plays an important role in raising awareness in the community and supporting vulnerable individuals. The Network will have informative stands at community events, notably the Yorke Peninsula Field Days and You Rock It Fest youth event to educate the community and promote referral pathways for those in need of help.
Hackham West Community Centre	The Hackham West Community Centre will run the Men of Tomorrow program for young indigenous men aged 12-15 years old, as a measure of early intervention to support the transition process of young students entering senior secondary school. The focus is to empower young men through mentoring with indigenous leaders and participating in activities which build cultural knowledge and a sense of identity.
Ski for Life Inc	Ski for Life is an annual 3 day 456km water-ski relay which takes place from Murray Bridge through to Renmark. The event raises awareness and promotes mental health, wellbeing and suicide prevention, engaging many communities along the River Murray. The event has gained momentum every year and in 2018 had over 200 participants.

Fact Sheet

<p>Legacy Club of South Australia and Broken Hill Inc</p>	<p>The Legacy Club of SA and Broken Hill will run a training workshop that focuses on responses to grief and the impact on individuals. It will inform Legatees (volunteers) on how to engage empathetically with those who are bereaved with suicide. The training will highlight prevention strategies, appropriate identification of warning signs and referral to further support services.</p>
<p>Treasuring Life Aboriginal and/or Torres Strait Islander Suicide Prevention Network</p>	<p>The Treasuring Life Network will create and present a community theatrical performance with the aim to break down the stigma of suicide. The Network will hold workshops to engage with the community and work in collaboration with key stakeholders to produce a performance about the experiences of indigenous families who grapple with losing loved ones to suicide, and how a connection with culture supports the healing process.</p>
<p>Goodwood Saints Football Club</p>	<p>The Saints Healthy Minds program will assist coaches and managers to identify mental health issues and help young players to build resilience and be empowered to speak out. The Club is facilitating a Mental Health First Aid training course for coaches and team managers, which will teach participants how to provide initial support to people experiencing mental health challenges.</p>
<p>Living Well Suicide Prevention Network</p>	<p>Living Well SPN, based in Mount Barker, will plan, publicise, hold and follow up on a community event where Suicide Awareness Training is made available. The event will target the whole community with the aim of engaging as many people as possible around suicide prevention.</p>
<p>Shaping Futures</p>	<p>The Barossa-based Shaping Futures organisation will hold five events in a week-long roadshow visiting rural communities in the Barossa, Light and Mid-North regions who are affected by drought. The events will be held in conjunction with a local hotel and will provide life-saving strategies to communities who are doing it tough.</p>
<p>Aboriginal Community Connect Uniting Communities</p>	<p>Aboriginal Community Connect provides a wide range of support to indigenous communities in Adelaide, including services for social and emotional wellbeing. The organisation will partner with Kalparrin Community Inc to run a Men's Camp with the existing Spirited Men's Group.</p>

For more information

Office of the Chief Psychiatrist
Mental Health Unit
PO Box 287 Rundle Mall
Adelaide SA 5000
Telephone: 8226 1091
Email: Health.OCPsuicidePrevention@sa.gov.au
www.sahealth.sa.gov.au