People come to health services for care of injuries from FALLS

**LAST YEAR IN THE CENTRAL ADELAIDE LOCAL HEALTH NETWORK (CALHN)**

7,043 PEOPLE were admitted to public hospitals injured AFTER A FALL. OVER 75% of these were people OVER 65. That figure is almost 14x HIGHER than the 494 admitted to hospital for MOTOR VEHICLE INJURIES.

8.5 DAYS is AVERAGE LENGTH OF STAY in hospital for injured older people.

**LAST YEAR IN SOUTH AUSTRALIA**

405 older people DIED IN HOSPITAL as a result of injuries from a fall.

**During health care, FALLS are the SECOND MOST REPORTED incident**

In CALHN there were **35 FALLS** resulting in serious harm (SAC 1 or SAC 2) in 2019.

**EFFECTIVE STRATEGIES**

- Quick POST FALL TEAM REVIEWS to reduce repeat falls.
- HOURLY Rounding especially for patients who have dementia or delirium.
- 100% of CALHN services that have been accredited PASSED Standard 5.24-6. Committees and staff should be proud of this achievement.
- 7,987+ STAFF have completed the online eLearning course on Falls Prevention since its launch in April 2014.


* All data relates to CALHN, except where specified.