Central Adelaide Local Health Network

FALLS PREVENTION

People come to health services for care of injuries from FALLS

LAST YEAR IN THE CENTRAL ADELAIDE LOCAL HEALTH NETWORK (CALHN)

7,043 PEOPLE were admitted to public hospitals injured AFTER A FALL.

OVER 75% of these were people OVER 65.

That figure is almost 14x HIGHER than the 494 admitted to hospital for MOTOR VEHICLE INJURIES.

8.5 DAYS is AVERAGE LENGTH OF STAY in hospital for injured older people.

LAST YEAR IN SOUTH AUSTRALIA

405 older people DIED IN HOSPITAL as a result of injuries from a fall.

During health care, FALLS are the MOST NUMEROUS REPORTED incident

In CALHN there were 35 FALLS resulting in serious harm (SAC 1 or SAC 2) in 2019.


EFFECTIVE STRATEGIES

- Quick POST FALL TEAM REVIEWS to reduce repeat falls.
- HOURLY ROUNDING especially for patients who have dementia or delirium.
- 100% of CALHN services that have been accredited PASSED Standard 5.24-6. Committees and staff should be proud of this achievement.
- 7,987+ STAFF have completed the online eLearning course on Falls Prevention since its launch in April 2014.

Health Professional General

sahealth.sa.gov.au/FallsPrevention
sahealth.sa.gov.au/Falls

Government of South Australia
SA Health

200256 (CALHN) March 2020

* All data relates to CALHN, except where specified.