



**BENZODIAZEPINE WITHDRAWAL SCALE (CIWA-B) 2**

**CLINICIAN SHEET**

**Clinician observations**

18. Observe behaviour for sweating, restlessness and agitation	
0	None, normal activity
1	
2	Restless
3	
4	Paces back and forth, unable to sit still

19. Observe tremor	
0	No tremor
1	Not visible, can be felt in fingers
2	Visible but mild
3	Moderate with arms extended
4	Severe, with arms not extended

20. Observe feel palms	
0	No sweating visible
1	Barely perceptible sweating, palms moist
2	Palms and forehead moist, reports armpit sweating
3	Beads of sweat on forehead
4	Severe drenching sweats

Surname: \_\_\_\_\_  
 Other names: \_\_\_\_\_  
 DOB: \_\_\_\_\_ Sex: M F UR  
 Number: \_\_\_\_\_

TIME/DATE														
AGITATION														
TREMOR														
SWEATING														
CLIENT'S SCORE (from pg 1)														
TOTAL SCORE														

BLOOD PRESSURE														
PULSE														
TEMPERATURE per axilla														
RESPIRATIONS														
ALERT, ORIENTATED, OBEYS COMMANDS? <i>If NO, complete GCS* and review.</i>	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N	Y / N

PUPIL SIZE/REACTION (in mm)	L																			
	R																			

**TOTAL SCORE FOR ITEMS 1 - 20**

1-20 = mild withdrawal                      21-40 = moderate withdrawal                      41-60 = severe withdrawal                      61 - 80 = very severe withdrawal

\*Glasgow Coma Scale