

Tool 6: Enabling Nursing Roles in Resuscitation Planning 7 Step Pathway

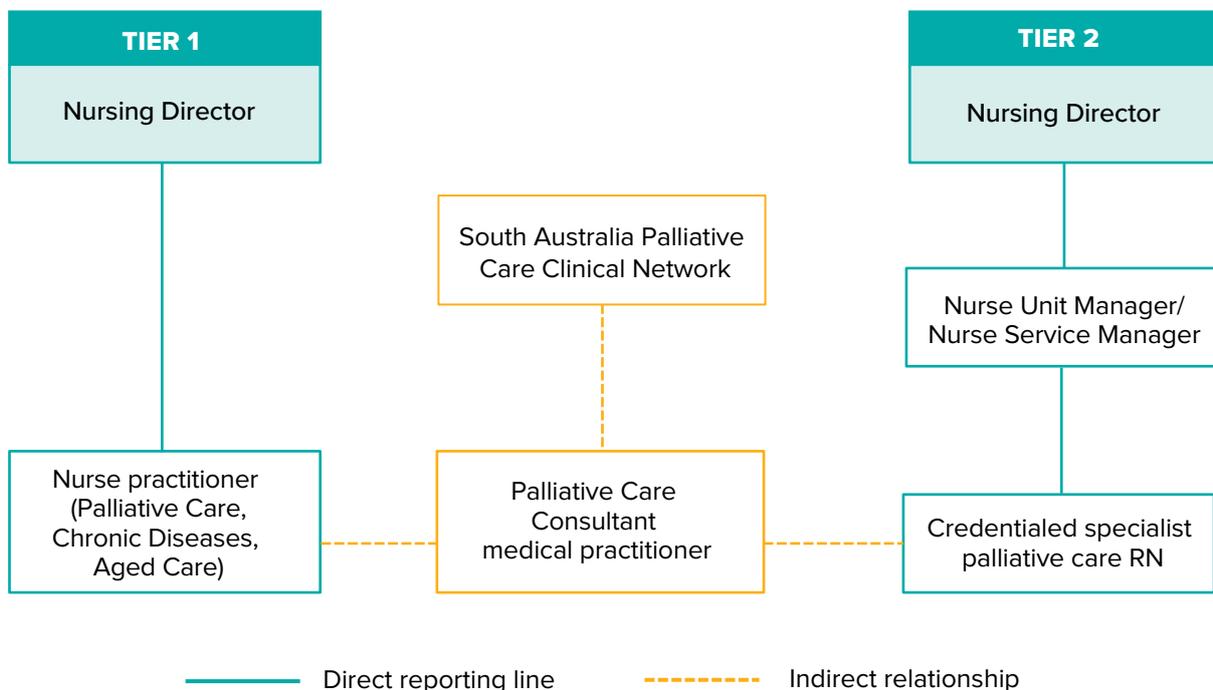
The aims of this tool are to outline the governance and education, training and assessment requirements to enable nurse practitioners and specialist palliative care registered nurses (RNs) to develop and document Resuscitation Planning- 7 Step Pathway in SA Health.

Scope

1. Nurse practitioners – with specialist knowledge and skills in palliative care, aged care and chronic diseases models of care; and
2. Specialist palliative care RNs credentialed to complete Resuscitation Plan- 7 Step Pathway in conjunction with the patient’s responsible medical practitioner.

Governance

The governance framework provides a safety and quality focus and identifies the direct and indirect relationships between nurse practitioners, specialist palliative care RNs and other key roles.



Education, Training and Assessment

Tier 1: Nurse practitioner education and training requirements

Initial requirements:

- > Evidence of core skills and knowledge (Appendix 1);
- > Evidence of completion of mandatory training components (Appendix 1);
- > Revise nurse practitioner scope of clinical practice documents in conjunction with line manager to include 'Resuscitation Planning- 7 Step Pathway' development and documentation;
- > Evidence of knowledge, skills and capability in line with SA Health requirements for credentialing and defining scope of clinical process for a nurse practitioner working in SA Health.

Ongoing requirements:

- > Evidence of maintenance of knowledge, skills and capability in line with SA Health requirements for recredentialing and renewal of scope of clinical practice process for a nurse practitioner working in SA Health.

Tier 2: Specialist palliative care RNs education and training requirements

Initial requirements:

- > Decision to 'opt in' for specialist palliative care RNs;
- > Support from nursing line manager and specialist palliative care medical practitioner;
- > Evidence of core skills and knowledge (Appendix 1);
- > Evidence of completion of mandatory training components (Appendix 1);
- > 5 observed 'Resuscitation Planning- 7 Step Pathway' conversations with patients, their families and relevant decision makers, during which all elements of the resuscitation planning process are successfully completed;
- > Evidence of knowledge, skills and capability in line with SA Health requirements for credentialing and defining scope of clinical practice for a registered nurses with a specific scope of clinical practice working in SA Health.

Ongoing requirements:

- > 2 observed resuscitation planning conversation with patients, their families and relevant decision makers;
- > Evidence of maintenance of knowledge, skills and capability in line with SA Health recredentialing requirements for nurses with a specific scope of clinical practice;
- > Evidence of maintenance of knowledge, skills and capability in line with SA Health requirements for recredentialing and renewing a scope of clinical process for a registered nurses with a specific scope of clinical practice working in SA Health.

Assessing the 'Resuscitation Planning- 7 Step Pathway' skills and capability of nurse practitioners and specialist palliative care RNs must include the 'Resuscitation Planning- 7 Step Pathway' core capability criteria listed in Table 1.

Table 1: 'Resuscitation Planning- 7 Step Pathway' core capability criteria:

| | |
|----------------|---|
| Prepare | Identified triggers for a resuscitation planning conversation |
| | Assessment and development of an appropriate clinical plan |
| | Decision making capacity assessment |
| | Application of the consent hierarchy |
| Discuss | Skills in conducting a conversation |
| | Appropriate decisions about resuscitation and escalation of medical treatment |
| After | A plan for comfort and dignity |
| | Implementation of the plan including completion of the form, clinical handover process and support for the patient and family |

Reference:

1. Government of South Australia, SA Health, 'End of Life Care, Resuscitation Planning- 7 Step Pathway'. Available at: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+programs+and+practice+guidelines/end+of+life+for+health+professionals/resuscitation+plan+7+step+pathway+for+health+professionals>
2. Government of South Australia, SA Health, 'Resuscitation Planning 7 Step Pathway- Clinical Directive'. Available at: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+programs+and+practice+guidelines/end+of+life+for+health+professionals/resuscitation+plan+7+step+pathway+for+health+professionals>
3. Australian College of Nurse Practitioners website. Available at: www.acnp.org.au
4. Palliative Care Nurses Australia website. Available at: www.pcna.org.au/our-work
5. Government of South Australia, SA Health, 'Resuscitation Plan 7 Step Pathway for health professionals.' Available at: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+programs+and+practice+guidelines/end+of+life+for+health+professionals/resuscitation+plan+7+step+pathway+for+health+professionals>
6. VITAL Talk website. Available at: www.vitaltalk.org
7. Centre for Palliative Care website, 'Victorian Palliative Care Nurse Practitioner Collaborative'. Available at: <https://www.centreforpallcare.org/page/87/nursing-vpcnpc>
8. Advance Care Planning Australia website. Available at: https://learning.advancecareplanning.org.au/blocks/androgogic_catalogue/index.php?view=tiles
9. Government of South Australia, SA Health, 'Advance Care Directives education and training.' Available at: <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/clinical+resources/clinical+programs+and+practice+guidelines/end+of+life/education+and+training/advance+care+directives/advance+care+directives+education+and+training>

Appendix 1

Resuscitation Planning – 7 Step Pathway education and training requirements for nurse practitioners and specialist palliative care RNs

| Demonstrable core knowledge and skills | |
|---|---|
| 1 | Effective Team work and communication |
| 2 | Comprehensive knowledge of the Resuscitation plan 7 step pathway process |
| 3 | Comprehensive understanding of SA Health policy and guidelines: |
| | SA Health ‘Resuscitation Planning 7 Step Pathway Policy Directive |
| | SA Health ‘Consent to Medical Assessment or Treatment Where Patient Consent Cannot be Obtained Policy Directive’ |
| | SA Health ‘Consent to Medical Treatment and Health Care Policy Guideline’ |
| | SA Health Advance Care Policy Directive |
| 4 | Sound understanding of SA Health Local Health Network procedures |
| 5 | Comprehensive understanding of the legislative framework: |
| | Consent to Medical Treatment and Palliative Care Act 1995 (SA) Advance Care Directives Act 2013 (SA) |
| 6 | Demonstrable understanding of the informed consent process and its application in resuscitation planning and documentation |
| 7 | Comprehensive reporting and documentation skills |
| 8 | Current understanding of best practice approaches |
| 9 | Understanding of escalation pathways for complex resuscitation planning conversations |
| Mandatory Training components | |
| 1 | Evidence of completion of SA Health eLearning modules Resuscitation Planning 7 step pathway |
| 2 | Demonstrate a comprehensive understanding of Advance Care Directive legislation and application to clinical practice |
| 3 | 5 observed ‘Resuscitation Planning- 7 Step Pathway’ conversations with patients, their families and relevant decision makers, during which all elements of the resuscitation planning process are successfully completed (Specialist palliative care RNs only) |
| Additional educational/development resources | |
| 1 | ‘VitalTalk’ website |
| 2 | Mentoring relationship with palliative care specialist (nursing or medical) |
| 3 | Victorian Palliative Care Nurse Practitioner Collaborative |

For more information

Nursing and Midwifery Office
Clinical Collaborative, System Leadership and Design
Department for Health and Wellbeing
www.sahealth.sa.gov.au/NursingandMidwifery

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