

Aboriginal Health newsletter

December 2021

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A message from Director Aboriginal Health – Kathy Edwards

Welcome to the last edition of the Limestone Coast Local Health Network (LCLHN) Aboriginal Health Newsletter for 2021. It has been a busy year with lots of uncertainty especially with COVID-19 outbreaks, borders opening and business as usual happening.

I would like to thank you all for your contributions this year, without community input, I wouldn't be able to do what I do. I look forward to hopefully seeing you all face to face in 2022, through different opportunities during the year.

I hope you all have a very safe and happy Christmas and New Year. Please remember to social distance (I know we all find this hard when with mob), use hand sanitiser and please get vaccinated if you haven't done so already.

A message from the LCLHN CEO – Ngaire Buchanan

What a year it has been but we have continued to grow our services. We have had very positive feedback from staff and community on the artwork we have been able to put on our front entrances. A big thanks from me to the Corka Mob for the artwork and letting us use the artwork. We have continued to work in partnership with Pangula Mannamurna. One example of this partnership we were made aware of a gap for Aboriginal and Torres Strait Island people receiving eye treatment as some were not able to afford the

gap payment from the Ophthalmologist. We have been able to cover the payment as well as assisting in getting the medication many will receive.

I wish you all well over the Christmas break and hope it is a restful one for you all.

COVID-19 Vaccinations

It is important for us to become vaccinated, to protect our family, Elders and other community members. By doing this, we are also protecting our story tellers, culture and future generation. Getting a vaccine is a safe and effective way of protecting yourself from getting really sick from COVID-19. Encourage your family, Elders and community members to get vaccinated so that they are all protected.

**BOOK YOUR
APPOINTMENT NOW**

All people over the age of 12 are able to get the Pfizer vaccine from Bordertown Hospital, Naracoorte Hospital, Mount Gambier Vaccination Clinic (at Centro), Millicent Hospital or Kingston Hospital. You will need to book in for your vaccination and can do this by going to www.sahealth.sa.gov.au/regionalclinics Remember from **January 12th 2022, 5-11 year olds** can now be vaccinated at these clinics also.

Put in your postcode to find the nearest clinic to make an appointment. You are also able to get the Pfizer vaccine at Pangula Mannamurna. Please phone 8724 7270 to make an appointment.

More information is available at <https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/getting-vaccinated-for-covid-19/information-for-aboriginal-and-torres-strait-islander-peoples-about-covid-19-vaccines>.

What a beautiful sight!

If you visit any of our sites around the region you will see that the front doors have some beautiful branding on them. Thank you once again to the Corka Mob for allowing me to use their artwork for this project. The artwork adds some beautiful colour and makes the entrances 'pop'.





Keith Health Hub Consultation

The Keith and District Hospital is working with the LCLHN to design an improved model of health services for Keith and surrounds.

A consultation session for Aboriginal and Torres Strait Islander people will be held on Wednesday 2nd February 2022. Please see flyer attached for information. It would be great to see you there and hear your views on what is needed.

Upcoming events

In the upcoming months the LCLHN is committed to:

- Cultural Immersion Days
- Review of cultural learning needs in the LCLHN
- Keith Health Hub consultation
- Reviewing internal procedures

We look forward to continuing to work with our Aboriginal and Torres Strait Islander community across the LCLHN towards better health outcomes in 2022.

For more information

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sahealth.sa.gov.au/limestonecoastlhn

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