

# Discharge Information: Epidural or Spinal Anaesthetic

Late complications (up to 6 weeks) after an epidural or spinal are very rare but may require immediate treatment. Call the anaesthetic doctor on call on (08) 8204 6512 if you experience any of the following:

- Headache which does not settle with simple pain medications such as paracetamol and ibuprofen
- Weakness or inability to move your legs
- Numbness in your legs
- Difficulty controlling your bladder or bowels
- Severe back pain
- Fever
- If you see a doctor in the first few weeks after having your baby, let them know you have had an epidural or spinal anaesthetic.

## For more information

Obstetric Anaesthetist  
Department of Anaesthesia  
Flinders Medical Centre  
Flinders Drive  
Bedford Park SA 5042  
Telephone: 08 8204 6512  
[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)



This document has been reviewed and endorsed by consumers.

If you require this information in an alternative language or format please contact SA Health on the details provided and they will make every effort to assist you.

