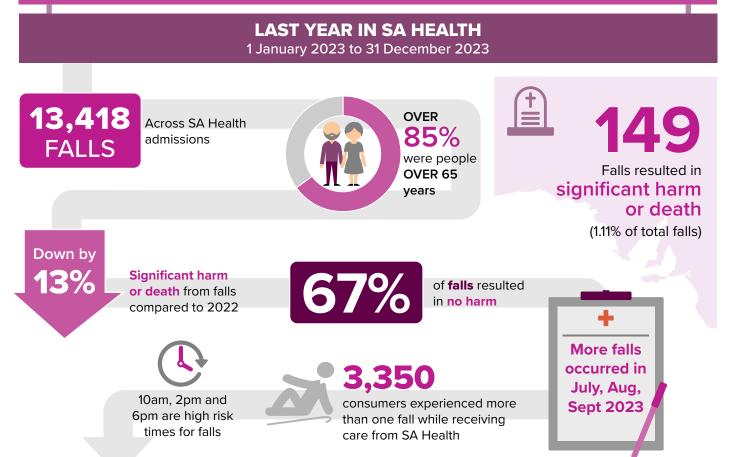
South Australia

## FALLS PREVENTION AND MINIMISING HARM



We can all contribute to falls prevention and minimising harm from falls



## Patient falls were the MOST reported incident in 2023

Staff diligence in falls planning, situational awareness and education of consumers helps to prevent falls or harm caused by falls.

## Effective strategies that contribute to minimising harm from falls

FAMILIAR ENVIRONMENTS support families and carers to stay with patients while in hospital.

MULTI-DISCIPLINARY REVIEW after the <u>first</u> fall. AVOID BED RAILS

Use the SA Health bed rail matrix to understand the risk of harm to patients.

Additional Falls Prevention Strategies are available on the Australian Commission on Safety and Quality in Healthcare Website.

