Note
This guideline provides advice of a general nature. This statewide guideline has been prepared to promote and facilitate standardisation and consistency of practice, using a multidisciplinary approach. The guideline is based on a review of published evidence and expert opinion.
Information in this statewide guideline is current at the time of publication.
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Health practitioners in the South Australian public health sector are expected to review specific details of each patient and professionally assess the applicability of the relevant guideline to that clinical situation.
If for good clinical reasons, a decision is made to depart from the guideline, the responsible clinician must document in the patient’s medical record, the decision made, by whom, and detailed reasons for the departure from the guideline.
This statewide guideline does not address all the elements of clinical practice and assumes that the individual clinicians are responsible for discussing care with consumers in an environment that is culturally appropriate and which enables respectful confidential discussion. This includes:
• The use of interpreter services where necessary,
• Advising consumers of their choice and ensuring informed consent is obtained,
• Providing care within scope of practice, meeting all legislative requirements and maintaining standards of professional conduct, and
• Documenting all care in accordance with mandatory and local requirements

Dose and Indications

Treatment of mild to moderate fluid overload states including congestive heart failure and bronchopulmonary dysplasia

Mild to moderate hypertension

Oral

10mg/kg every twelve hours
Dose may be increased up to 20mg/kg every twelve hours

Preparation and Administration

Oral

The 25mg/mL solution contains:

<table>
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<th>Dose</th>
<th>5mg</th>
<th>10mg</th>
<th>15mg</th>
<th>20mg</th>
<th>25mg</th>
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<tbody>
<tr>
<td>Volume</td>
<td>0.2mL</td>
<td>0.4mL</td>
<td>0.6mL</td>
<td>0.8mL</td>
<td>1mL</td>
<td>1.2mL</td>
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* 25mg/mL solution is not commercially available however is manufactured at Women’s & Children’s Health Network Pharmacy
Adverse Effects

Common
Polyuria, hypotension, hyponatraemia, hypokalaemia, hyperuricaemia, hypochloraemic alkalosis, hypomagnesaemia

Infrequent
Rash, hyperglycaemia, hypercalcaemia, dyslipidaemia

Rare
Vomiting, constipation, diarrhoea, intrahepatic cholestatic jaundice, cholecystitis, pancreatitis, agranulocytosis, aplastic anaemia, haemolytic anaemia, thrombocytopenia, dermatitis, urticaria, photosensitivity, toxic epidermal necrolysis, purpura, necrotising vasculitis

Monitoring

> Serum electrolytes, calcium, phosphorus and glucose
> Urine output
> Blood pressure

Practice Points

> Contraindicated in patients with anuria.
> Use cautiously in patients with hepatic or renal impairment and patients with significant electrolyte dysfunction (particularly hypercalcaemia)
> Potassium and sodium depletion is a common side effect and supplementation may be necessary with prolonged therapy
> Additional potassium loss may occur if given with other drugs that reduce potassium concentrations (e.g. frusemide)
> Caution may be needed if co-administered with digoxin and cardiotoxicity is more likely in patients with hypokalaemia
> As chlorothiazide may displace bilirubin from albumin it should be used with caution in neonates with significant jaundice.

Version control and change history

PDS reference: CG022

<table>
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<th>Version</th>
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<th>Date to</th>
<th>Amendment</th>
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