

short term support with long term benefits

Facts

The Transition Care Program

During an older person's stay in hospital they may not need to remain in hospital but still need some care and support. At this time, older people, their family and/or carers may need to make decisions about long term care needs.

The Transition Care Program is designed to support older people with assistance that will help improve their recovery and independence at the end of a hospital stay.

The program may provide older people with a range of services as well as assistance with activities of daily living. This can be a combination of a range of health and personal care services and could include nursing, physiotherapy, occupational therapy, speech therapy, social work, dietary advice and a range of other services.

Care is provided either in the home or in a residential aged care facility with a home like environment.

The Transition Care Program is up to twelve weeks however most people stay on the program for up to eight weeks.

To be eligible, you need to be an older person and,

- in hospital and at the completion of your hospital stay
- can benefit from a program that will improve your recovery and independence
- have been assessed by the ACAT as being eligible, and
- wish to be part of the Transition Care Program.

Will I need to pay?

The Australian and South Australian Governments will pay the majority of your costs while you receive care. There is a daily care fee you may need to contribute to your care program. Your ability to pay fees will be discussed with you. You will not be excluded from the program if you are unable to pay fees.

The Transition Care Program

- **is flexible and gives older people and their family and/ carer(s) time to make the best choices about their future care**
- **provides older people with support and assistance from a range of health and personal care services, and**
- **helps older people to leave hospital earlier by providing a health and personal care and support to assist their recovery either at home or in an aged care facility**

To find out more about the Transition Care Program, speak with your hospital staff or social worker.

