Clinical Guideline
Naloxone

Policy developed by: SA Maternal, Neonatal & Gynaecology Community of Practice
Approved SA Health Safety & Quality Strategic Governance Committee on: 9 November 2017
Next review due: 9 November 2020

Summary
The purpose of this guideline is to guide nursing, medical and pharmacy staff in the dosing and administration of naloxone.

Keywords
Naloxone, neonatal medication guideline, opioid-induced respiratory depression, respiratory depression, morphine, fentanyl, opioid

Policy history
Is this a new policy? N
Does this policy amend or update an existing policy? Y v1.0
Does this policy replace an existing policy? N
If so, which policies?

Applies to
All SA Health Portfolio
All Department for Health and Ageing Divisions
All Health Networks
CALHN, SALHN, NALHN, CHSALHN, WCHN, SAAS

Staff impact
All Clinical, Medical, Midwifery, Nursing, Students, Allied Health, Emergency, Mental Health, Pathology, Pharmacy

PDS reference
CG044

Version control and change history

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Note

This guideline provides advice of a general nature. This statewide guideline has been prepared to promote and facilitate standardisation and consistency of practice, using a multidisciplinary approach. The guideline is based on a review of published evidence and expert opinion.

Information in this statewide guideline is current at the time of publication.

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Health practitioners in the South Australian public health sector are expected to review specific details of each patient and professionally assess the applicability of the relevant guideline to that clinical situation.

If for good clinical reasons, a decision is made to depart from the guideline, the responsible clinician must document in the patient’s medical record, the decision made, by whom, and detailed reasons for the departure from the guideline.

This statewide guideline does not address all the elements of clinical practice and assumes that the individual clinicians are responsible for discussing care with consumers in an environment that is culturally appropriate and which enables respectful confidential discussion. This includes:

- The use of interpreter services where necessary,
- Advising consumers of their choice and ensuring informed consent is obtained,
- Providing care within scope of practice, meeting all legislative requirements and maintaining standards of professional conduct, and
- Documenting all care in accordance with mandatory and local requirements

Dose and Indications

Opioid-Induced Respiratory Depression

Intravenous or Intramuscular

100 micrograms/kg/dose, repeated at 2 to 3 minute intervals if required.

Preparation and Administration

Intravenous or Intramuscular

This solution contains:

<table>
<thead>
<tr>
<th>Dose</th>
<th>100 micrograms</th>
<th>200 micrograms</th>
<th>300 micrograms</th>
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<tbody>
<tr>
<td>Volume</td>
<td>0.25mL</td>
<td>0.5mL</td>
<td>0.75mL</td>
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Given intravenously as a push

Discard remaining solution.

Intramuscular (IM) administration produces erratic and unreliable absorption. Only use IM route if there is no intravenous access.

Compatible Fluids

Glucose 5%, sodium chloride 0.9%
Adverse Effects
Naloxone can precipitate an acute withdrawal syndrome in infants of opioid-dependent mothers including seizures.

Monitoring
> Neonates should receive cardiorespiratory monitoring (e.g. pulse oximetry and respiratory rate as a minimum) for at least 4 hours after naloxone is used, ideally in at least a Level 4 Nursery.

Practice Points
> Naloxone is not recommended as part of the initial resuscitation of newborns with respiratory depression in the delivery suite. Before naloxone is given, practitioners should restore heart rate and colour by supporting ventilation
> Do NOT use naloxone in infants of opioid-dependent mothers as this is likely to precipitate acute withdrawal syndrome.
> As the action of most opioids is longer than naloxone repeated dosing may be necessary
> Subsequent doses should be based on clinical assessment and response of patient. If no response is seen after 2 or 3 doses, respiratory and central nervous depression is probably not secondary to opioids

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PDS reference: OCE use only