

OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES NEPHROLOGY

Southern Adelaide Local Health Network (SALHN)

Nephrology

A Tertiary referral service for Renal Medicine encompassing Outpatient Clinics, Inpatient Care, Satellite Dialysis and Home Dialysis therapy.

Sites

- Flinders Medical Centre
- Noarlunga General Hospital
- Repatriation General Hospital
- South Coast District Hospital
- Port Lincoln Hospital

Nephrology GP Referral Guideline

Services provided for following conditions

- Post Acute Kidney Injury
- Chronic Kidney Disease
- Hypertension
- Glomerulonephritis
- Renal Disease in Pregnancy
- End Stage Kidney Disease
 - Haemodialysis, Peritoneal Dialysis,
 Transplantation, Renal Supportive Care
 (Conservative Care), Vascular Access

Services not provided

- Renal Tumour
- Urinary Tract Obstruction
- Paediatric Nephrology (refer to Paediatrics if less than 18 years of age)

Renal emergencies should **not** be referred to outpatient clinic

For Admission or *URGENT* advice page the on-call FMC Renal Registrar or present to the Emergency Department

Renal Registrar Flinders Medical Centre (FMC) Ph: 8204 5511

Examples include (non exhaustive list)

- Acute kidney injury requiring admission
- Hyperkalaemia
- Rapidly progressive Glomerulonephritis (Vasculitis, Lupus Nephritis, Anti-GBM Disease)
- Malignant Hypertension
- eGFR <15mls/min
- Nephrotic Syndrome

Triage Criteria for Referral

*These are broad indicators. The triaging clinician's professional judgement based on information on referral may amend category at the time.

Category 1	Category 2	Category 3	
Target < 4 weeks	Target < 2 months	Target < 9 months	
Current < 6 weeks	Current < 3 months	Current < 9 months	
 eGFR 15–29 mls/min Declining eGFR (>10mls/min over 3 months) Hypertension uncontrolled Anaemia of Renal Disease Nephrotic Syndrome > 3.5 	 eGFR 30–45 ml/min Proteinuria < 3.5 grams with a stable eGFR Haematuria with a stable eGFR 	 eGFR 45-60 mls/min Haematuria with stable eGFR Proteinuria < 1gm with stable eGFR Diabetic Nephropathy with stable eGFR 	

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

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2.0	Sept 2014	Sept 2016	Template