

# OUTPATIENT GP REFERRAL GUIDELINES ALLERGY/CLINICAL IMMUNOLOGY SERVICE Southern Adelaide Local Health Network (SALHN)

#### **ANGIOEDEMA**

Swelling, even when <u>not</u> occurring with Urticaria or Anaphylaxis can be life threatening.

#### **Information Required**

- · Site of swelling
- Family history
- ACE-Inhibitor usage
- · History of lymphoproliferative disorder
- Possible allergic precipitants (drug / food/ venoms)

## **Investigations Required**

C4 level

## Fax referrals to Allergy/Clinical Immunology Service

Flinders Medical Centre Fax: 08 8204 7483

### Red Flag if airway compromised immediate SAAS transfer to Emergency Department (ED).

- All angioedema should be referred and phone for advice and urgent review if:
- Low C4
- Family history of heredity angioedema

## **Suggested GP Management**

- ACE-inhibitor (should be ceased) ARB's are an acceptable substitute
- Adrenaline auto injecting device (EpiPen) in consultation with the Immunologist/Allergist
- Red, itchy swollen eyes (as a sole problem)
   represent local ocular/peri orbital allergy and can be treated as such

#### Clinical Resources

- Australasian society of clinical immunology and allergy –Angioedema <a href="http://www.allergy.org.au/images/stories/aer/infobulletins/2010pdf/AER">http://www.allergy.org.au/images/stories/aer/infobulletins/2010pdf/AER</a> Angioedema.pdf
- Position paper on Heredity Angioedema. August 2012. <a href="http://www.allergy.org.au/health-professionals/papers/hereditary-angioedema?highlight=WyJhbmdpb2VkZW1hll0">http://www.allergy.org.au/health-professionals/papers/hereditary-angioedema?highlight=WyJhbmdpb2VkZW1hll0</a>=

General Information to assist with referrals and the Referral templates for FMC are available to download from the SALHN Outpatient Services website <a href="https://www.sahealth.sa.gov.au/SALHNoutpatients">www.sahealth.sa.gov.au/SALHNoutpatients</a>

Version	Date from	Date to	Amendment
1.0	September 2014	September 2016	Original
2.0	October 2018	October 2021	Revised – No Changes Required

