

Fact sheet

Central Adelaide Diabetes Clinics

Endocrine Services

Clinical Information Sheet

Clinical Condition	Newly diagnosed type 1 diabetes or type 2 patient with potential ketoacidosis / ill / vomiting / infection
Eligibility	All patients with newly diagnosed type 1 diabetes or type 2 patient with potential ketoacidosis / ill / vomiting / infection.
Priority and how to access services	<p>ACCESS: Royal Adelaide Hospital: Working hours: Contact Endocrine Registrar via switchboard (8222 4000) or the Diabetes Centre Clinical Coordinator on 8222 5111.</p> <p>Afterhours: Endocrine Registrar via switchboard or if not contactable: medical registrar via switchboard</p> <p>ACCESS: The Queen Elizabeth Hospital: Working hours: Contact Endocrine Registrar via switchboard (8222 6000).</p> <p>Afterhours: Medical Registrar via switchboard.</p>
Differential Diagnoses	Metabolic acidosis Acute abdomen
Information required with referral	<p>History</p> <ul style="list-style-type: none">• Onset and duration of symptoms• Vomiting• Weight loss• Any evidence of infection• If already on insulin. <p>Examination</p> <ul style="list-style-type: none">• Hydration status• Blood pressure and pulse.
Investigations required with referral	Blood glucose HbA1c (if available) Biochemistry (if available)
Pre-Referral management strategies (information required with referral)	Ensure insulin has been administered if patient already on insulin. If not on insulin consider stat dose of long acting insulin while waiting appointment.



Discharge Criteria/information	Type 1 patients will be followed in Diabetes outpatients on a 4 to 12 monthly basis depending on level of control and co-morbidities.
Fact sheets	ADS/APEG, 2011 NHMRC National Evidence-based Clinical Care Guidelines for type 1 Diabetes in Children, Adolescents and Adults www.nhmrc.gov.au

For more information

Diabetes Services

Royal Adelaide Hospital, North Terrace ADELAIDE Telephone: 08 8222 4000

The Queen Elizabeth Hospital, 28 Woodville Road, WOODVILLE Telephone: 08 8222 6000

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