

Clozapine clinic journey

In establishing the Nurse-led clinics, clozapine clinic journey requirements were agreed. They summarise the roles, responsibilities and protocol conducted by medical staff and clozapine coordinators.

Medical staff

- > Time allocated with coordinator for reviewing blood tests, writing prescriptions, completing blood review documentation. 30 min – one hour depending on need.
- > Time allocated to request blood testing, ECG, Echo.
- > Time allocated to supervise Clozapine coordinator – clinical reviews – TBA.

Clozapine coordinator

- > Advise administrative staff of notes required for clinics.
- > Ensure contact/liason with consumers, carers, care coordinators and/or Supported Residential Facilities (SRF) who require reminders for blood testing attending appointments.
- > Receive blood test results.
- > Ensure medical officer gets blood results to review.
- > Collect prescriptions and blood results from medical officer for clinic.
- > Discuss any concerns/ plans of action with medical staff prior to clinic.
- > Ensure notes have been made available for clinic.

Clinic

- > Consumers allocated 30 mins face to face time for appointments.
- > Complete metabolic monitoring for each consumer.
- > Complete clozapine protocol record form.
- > Complete clozapine clinic assessment and education with consumer including
- > mental state examination, signs and symptoms of infection and other clozapine
- > clinic questions.
- > Give consumer prescription and any other paperwork they require.
- > Ensure appointment booked for following month.
- > Copy and forward scripts if necessary to pharmacy.
- > Complete GP medication information exchange form to GP.

Post clinic

- > Complete required documentation – CBIS, paper-based case notes.
- > If appropriate enter blood results into CPMS data base (this may be done prior to clinic).
- > Ensure consumers have medical officer review appointments booked a minimum of 6 monthly.

Further considerations

- > Ensure follow up testing is ordered.
- > Advise care coordinator of consumer requirements (if required).
- > Complete risk, HONOS and care plans as required.

For more information

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