

OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES OCCUPATIONAL THERAPY / HAND THERAPY Southern Adelaide Local Health Network (SALHN)

Occupational Therapy / Hand Therapy

This document provides an overview of SALHN Occupational Therapy (OT) / Hand Therapy and Physiotherapy outpatient service. Hand Therapy services predominantly receive referrals from various hospital departments including Plastic Surgery, Orthopaedics, Rheumatology, and Paediatrics. A limited service is available for external referrers; however appointments will be based on the capacity of the service and the nature of the condition.

Hand Therapy

Provides splinting and specialised therapy programs using a variety of modalities to treat:

- Post-surgical hand conditions (e.g. tendon / nerve / bone fracture repair)
- Acute hand injuries (e.g. fracture management, amputation, burns)
- Post-acute hand injuries (e.g. fracture management, amputation, burns)
- Soft tissue hand injuries (e.g. [De Quervain's](#), [carpal tunnel syndrome](#))
- Chronic hand conditions (e.g. Rheumatological conditions)
- Pre-surgical assessments and treatment
- Scar management (any region of the body)

Please refer all stroke / neurological patient to Day Rehabilitation Services.

For Appointments contact

Flinders Medical Centre, Physiotherapy / Occupational Therapy) Ph: 8204 5498 Fax: 8204 3040

Triage Criteria for Referral

Category 1 Target < 1 week Current < 1 week	Category 2 Target < 1 month Current < 1 month	Category 3 Target < 3 months Current < 3 months
<ul style="list-style-type: none"> • Post-surgical hand conditions • Acute hand injuries • Acute soft tissue injuries 	<ul style="list-style-type: none"> • Post-acute hand conditions • Soft tissue hand injuries • Pre-surgical • Scar management 	<ul style="list-style-type: none"> • Chronic hand conditions

General Information to assist with referrals and the Referral templates for FMC are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNOutpatients.

Version	Date from	Date to	Amendment
2.0	August 2017	August 2019	Original