










## Fact Sheet

# Community Bereavement Support Groups in South Australia following Stillbirth

Group/ Organisation	Phone support and contact	Webpage	Social Media	Online meet-ups, face-to-face meet-ups	Resources	Partner/ family support
 <p>giving the gift of photographic memories</p>	1800 583 768 (24/7) SA representative email: <a href="mailto:sa@heartfelt.org.au">sa@heartfelt.org.au</a>	<a href="https://heartfelt.org.au/">https://heartfelt.org.au/</a>	<a href="#">Facebook</a> Instagram YouTube Twitter	Call to make a time, can pre-book Go across SA	Tips for helping parents. Newborn photographers for stillborn babies.	No
 <p>Red Tree FOUNDATION</p>	8332 1066 (office hours)	<a href="https://redtreefoundation.org.au/">https://redtreefoundation.org.au/</a> Previously SIDS&KIDS) <a href="https://www.sidssa.org.au/">https://www.sidssa.org.au/</a> (SA page)	<a href="#">Facebook</a> <a href="#">Instagram</a>	Counselling by appointment	Free professional counselling. Home visits, support for family and friends, and peer support groups. Memorial information and family events offered to families. Grief and loss library, resources and video resources available on website.	Yes, counselling and education available.
 <p>red nose</p>	<a href="#">Contact us</a> 1300 308 307 (24/7) SANDS is now part of Red Nose. You can call either group to receive support.	<a href="#">Grief &amp; loss Red Nose</a> <a href="#">For Fathers</a> <a href="#">Red Nose, including Sands, Community in South Australia</a>	<a href="#">Facebook</a> (multiple groups available depending on your circumstance and need) Twitter Instagram	Yes, contact to book or enquire about running times	Multiple resources for stillbirth and all perinatal loss, parents, decision-making resources, support for family and friends. Peer support via phone, face-to-face and online support groups. No professional counselling in SA.	Men's Den, Women's talk, Reading Room, Video Stories, <a href="#">Guide for Family &amp; Friends: supporting grieving parents</a>
 <p>sands miscarriage, stillbirth &amp; newborn death support</p>	1300 072 637 (24/7) SANDS is now part of Red Nose. Sands and Red Nose intake systems are linked.	<a href="https://www.sands.org.au/south-australia">https://www.sands.org.au/south-australia</a>	<a href="#">Facebook (everyone)</a> <a href="#">Facebook (bereaved fathers group)</a> , Instagram Twitter	Yes, contact to book or enquire about running times Peer support via phone and support groups	Multiple resources for stillbirth and all perinatal loss parents, decision-making resources. Hospital to Home program (free service). No professional counselling in SA.	Support and information for family and friends, and pregnancy after loss

Group/ Organisation	Phone support and contact	Webpage	Social Media	Online meet-ups, face-to-face meet-ups	Resources	Partner/ family support
	1300 11 HOPE Sessions need to be booked online or over phone.	<a href="https://www.bears of hope.org.au/lasting-memories/">https://www.bears of hope.org.au/lasting-memories/</a>	<a href="#">Facebook</a> (all) Twitter Instagram	No face to face sessions available in SA.	Multiple resources for stillbirth and all perinatal loss parents, decision-making resources, support for family and friends, and pregnancy after loss	Family and friends brochures
	(08) 8300 0980 (office hours) <a href="mailto:contact@stillaware.org">contact@stillaware.org</a>	<a href="https://stillaware.org/">https://stillaware.org/</a>	<a href="#">Facebook</a> (everyone) No online Facebook groups.	No, refer to other SA supports.	Prevention resources and information. Education.	General information for all.
 raisingchildren.net.au	No contact, online resource.	<a href="https://raisingchildren.net.au/pregnancy/pregnancy-birth-videos/stillbirth-grief">https://raisingchildren.net.au/pregnancy/pregnancy-birth-videos/stillbirth-grief</a>	Facebook Instagram Twitter YouTube	No, online resource only.	Multiple resources for families.	No
	No phone, contact via email: <a href="mailto:enquiry@angelgownsaustralia.org.au">enquiry@angelgownsaustralia.org.au</a>	<a href="https://www.angelgownsaustralia.org.au/">https://www.angelgownsaustralia.org.au/</a>	<a href="#">Facebook</a>	No.	Supply gowns for your baby.	No
	(02) 9557 9070 NSW based (Australia wide service).	<a href="https://stillbirthfoundation.org.au/help-and-support/">https://stillbirthfoundation.org.au/help-and-support/</a>	<a href="#">Facebook</a> (everyone) No online Facebook groups Twitter Instagram	Based in NSW.	For parents on multiple topics, including postnatal care. Good variety of written/online resources.	Family, friends and colleagues.

Resources are also available on [Loss at the CRE –Stillbirth Centre of Research Excellence](#). A full list of Australian wide support groups is available [Australia wide support groups](#).

## For more information

**SA Maternal, Neonatal & Gynaecology Community of Practice**  
L3, 77 King William Road  
North Adelaide SA 5006  
Telephone: 08 8161 9459  
[www.sahealth.sa.gov.au/stillbirth](http://www.sahealth.sa.gov.au/stillbirth)

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