



FALLS PREVENTION

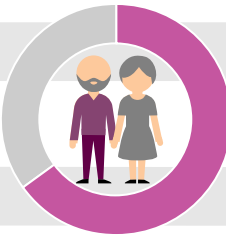
People come to health services for care of injuries from **FALLS**

LAST YEAR IN THE CENTRAL ADELAIDE LOCAL HEALTH NETWORK (CALHN)

LAST YEAR IN SOUTH AUSTRALIA

7,043 PEOPLE

were admitted to public hospitals injured **AFTER A FALL**.



OVER 75% of these were people **OVER 65**.



405

older people **DIED IN HOSPITAL** as a result of **injuries from a fall**.

That figure is almost

14x

HIGHER than the 494 admitted to hospital for **MOTOR VEHICLE INJURIES**.

8.5 DAYS

is **AVERAGE LENGTH OF STAY** in hospital for injured older people.

During health care, **FALLS** are the **SECOND MOST REPORTED** incident



In CALHN there were **35 FALLS** resulting in serious harm (SAC 1 or SAC 2) in 2019.



EFFECTIVE STRATEGIES

- Quick **POST FALL TEAM REVIEWS** to reduce repeat falls.
- **HOURLY ROUNDING** especially for patients who have dementia or delirium.
- **100%** of CALHN services that have been accredited **PASSED Standard 5.24-6**. Committees and staff should be proud of this achievement.
- **7,987+** STAFF have **completed the online eLearning course** on Falls Prevention since its launch in April 2014.

